



Leicester
City Council

Preparing for Adulthood

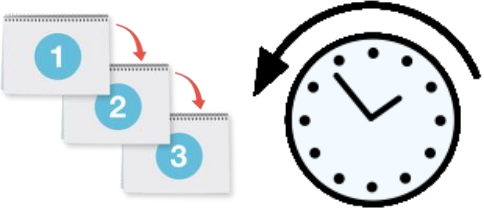
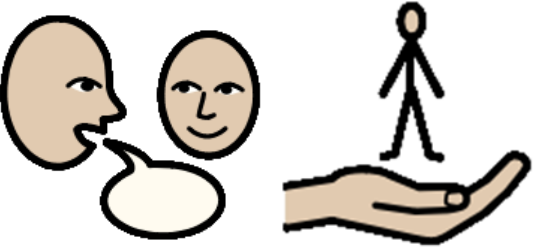


Education, Training and Employment


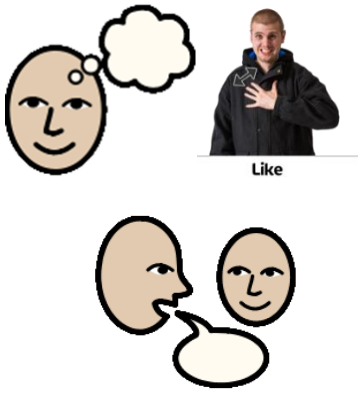
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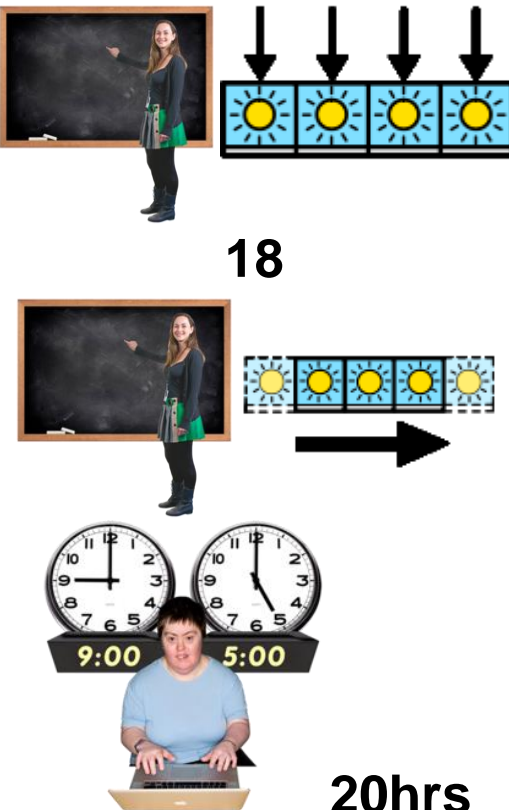
Preparing for Adulthood – Education, Training and Employment

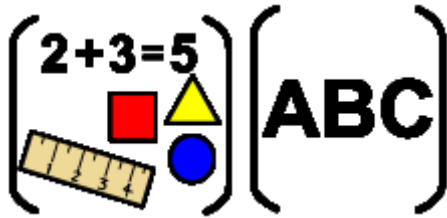
This guide is for young people, aged 14 -25 with special education needs and disabilities (SEND) More information is available on the [Local Offer Preparing for Adulthood](#) pages

	<p>Preparing for adulthood is important.</p>
	<p>It is important to start planning early.</p>
	<p>It is important to talk to others who can help.</p>
	<p>These can be friends and family.</p>
	<p>School teachers and support workers/ Professionals and other services.</p>
	<p>It is important to start planning and setting goals.</p>

	<p>It is important to let people know your views.</p>
	<p>Think about how you will share your views.</p>

Important things to know

	<p>You should stay in full time education, work based learning/apprenticeship until you are 18,</p> <p>Or</p> <p>part time learning if you are volunteering or working for 20 hours or more a week.</p>
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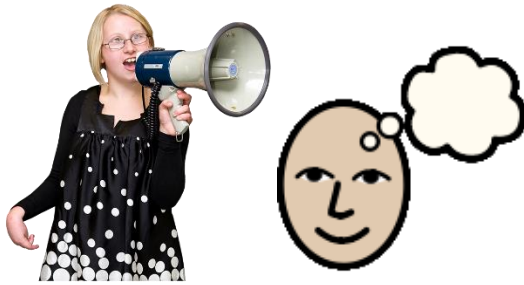
You should continue to get at least a level 2 in Maths and English if you haven't already got it.

Education, Health and Care Plan

It is important to know



Your [Education, Health Care Plan](#) will be reviewed every year at a meeting called annual review.



At the meeting you can say what you are doing well and what you find difficult and what help you need.



Check that your EHCP outcomes help you to meet your goals.








An EHCP will end if you moves into Higher Education, University or paid work.



It will also end if you are not in education or training and you achieve all your outcomes.


Year 9 - 11 (Aged 13-16)

Things to think about for the future




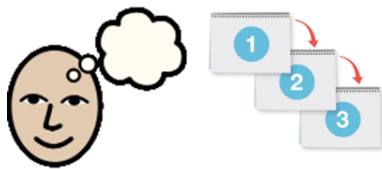


	<p>What are your goals for the future?</p>
	<p>What do you enjoy doing and are good at?</p>
	<p>What would you like to do as a job?</p>
	<p>Think about what qualifications you may need.</p>
	<p>Think about how you would travel to college, work or training.</p>

Post 16 options

	<p>If you go to a special school, you can stay at the same school if the school goes up to the age of 19.</p>
	<p>Other education and training options are:</p> <ul style="list-style-type: none"> • Sixth form or Further Education College

	<ul style="list-style-type: none"> • Supported Internship • Traineeship, • Apprenticeship, • Higher Education
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What next

	<p>Talk to family, school and professionals about what you want to do.</p>
	<p>Gather information about courses and other activities to help learn skills.</p>
	<p>Plan to visit education and training settings in Year 10 with family.</p>
	<p>Decide on your first and second choices for learning.</p>
	<p>Apply to your next education or training setting in Year 11.</p>
	<p>Think about what help you will need to move to your next education or training setting.</p>



Do you need to learn to [travel independently](#).

Who can help



Family, School and professionals working with you.



Look on the [Local Offer](#) for more information.



Talk to your school about who your [Connexions](#) advisor is to discuss your options.







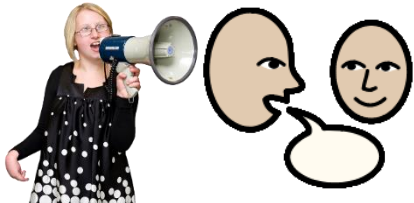
[SENDIASS](#) can help you to understand information and share your views.



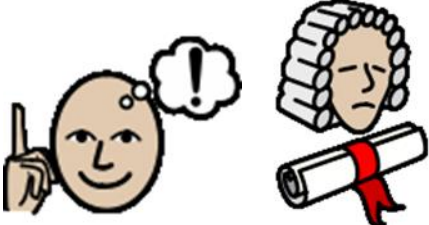

[Big Mouth Forum](#) can help you to gain confidence to voice your opinion and meet other young people.


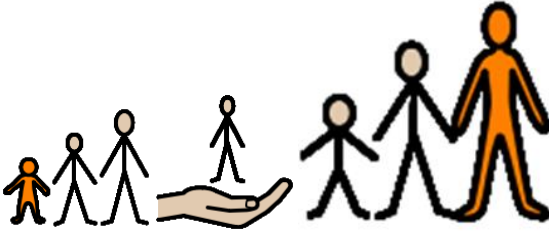

Years 12 - 14 (Aged 16-19)

Review your progress





	<p>Are your hopes and goals the same as in year 9?</p>
	<p>What is working well? What have you enjoyed?</p>
	<p>Have you learnt new skills?</p>
	<p>Have you been involved in the planning for your future?</p>
	<p>Can you share your views or do you need help?</p>

Things to think about for the future

	<p>Do you understand the changes in law and how they affect you at 18? At 18 you can leave education.</p>
	<p>If you have a disability, colleges and employers should make sure you have the help you need under the Equalities Act 2010.</p>

<p>18</p> 	<p>You may need to pay for education or training courses post 18. Help is available with bursaries, grants and loans.</p>
	<p>Do you understand the differences between children's services and adults services?</p>
	<p>Do you know where to go for support?</p>

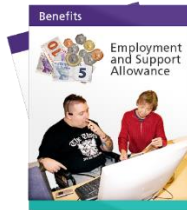
What next

	<p>Plan visits to post 18 education and training settings.</p>
	<p>Complete work experience, volunteering opportunities.</p>
	<p>Write CV and practice skills needed for interviews and applications.</p>
 <p>Like</p>	<p>Work on independent travel skills.</p>



Open a bank account if you do not have one.

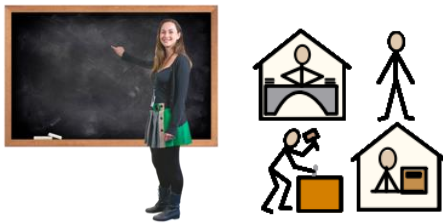
Employment Support Allowance



You may be entitled to [Employment Support Allowance \(ESA\)](#).



If your doctor thinks you may find it hard to work.



You are in full time education or training.







Who can help



Family, education or training provider and professionals working with you.




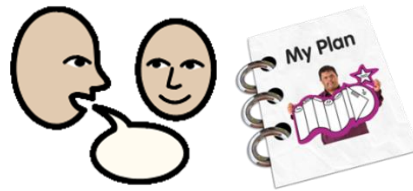
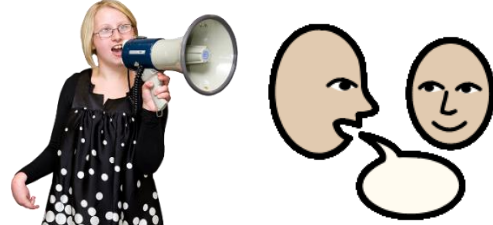


Look on the [Local Offer](#) for more information.


	<p>Talk to your school about who your Connexions advisor is to discuss your options.</p>
	<p>SENDIASS can help you to understand information and share your views.</p>
	<p>The Big Mouth Forum can help you to gain confidence to voice your opinion and meet other young people.</p>
	<p>Job Centre Plus can help people find a job.</p>
	<p>The YES project and the Princes Trust, can help you with your personal development opportunities.</p>
	<p>Citizen Advice Service can offer free confidential advice and support.</p>

Post 19

Review your progress

	Have your hopes and goals changed?
	What is working well? What have you enjoyed?
	Have you learnt new skills?
	Have you been involved in the planning for your future?
	Can you share your views or do you need help?

Things to think about for the future

	You may choose to carry on with your education.
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There are a range of [bursaries](#), [grants and loans](#) available to fund your education.



College

Once you leave formal education, you may continue to access part- or full- time adult learning.



Think if you need support to find a job.



Think if you need help to write a [CV](#) or complete application forms and practice skills needed for interviews.



You may want to gain work or [volunteering](#) experience.








Like

Work on [independent travel](#) skills.










Open a bank account if you do not have one.

What next

	Continue with learning and training.
	During the next few years, you will complete your education or training and your EHCP will end.
	Check which professionals will carry on working with you.
	Agree how they will communicate and support you.
	Share with others your achievements, next steps and support needed.

Who can help

	Family, education or training provider and professionals working with you.
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 <p>Leicester's SEND Local Offer Information and support for ages 0-25 Families.leicester.gov.uk</p>	<p>Look on the Local Offer for more information.</p>
	<p>Talk to your school about who your Connexions advisor is to discuss your options.</p>
	<p>SENDIASS can help you to understand information and share your views.</p>
 <p>GO DISABLED GO</p>	<p>The Big Mouth Forum can help you to gain confidence to voice your opinion and meet other young people.</p>
	<p>Job Centre Plus can help people find a job.</p>
 <p>YES PROJECT Believe, achieve, work Prince's Trust CV Education Skills Experience</p>	<p>The YES project and the Princes Trust, can help you with your personal development opportunities.</p>
	<p>Citizen Advice Service can offer free confidential advice and support.</p>

Useful information and contact details

Adult Social Care

www.leicester.gov.uk/health-and-social-care/adult-social-care/

www.leicester.gov.uk/health-and-social-care/adult-social-care/what-support-do-you-need/preparing-for-adulthood/

Age UK

www.ageuk.org.uk/leics

Big Mouth Forum

0116 454 4710

www.bigmouthforum.co.uk

City Psychology Service

New Parks House, Pindar Road, Leicester LE3 9RN

0116 454 5470

families.leicester.gov.uk/send-local-offer/search-for-services/local-authority-services/city-psychology-service/

Connexions

2 Wellington Street, Leicester, LE1 6HL

0116 454 1770

leicesteremploymenthub.co.uk/

Department of Work and Pensions

www.gov.uk/contact-jobcentre-plus

Family information Service

families.leicester.gov.uk

Leicester Adult Education College

54 Belvoir Street, Leicester, LE1 6QL

0116 454 1900

www.leicester.gov.uk/schools-and-learning/adult-skills-and-learning/

Leicester City Parent Carer Forum

07723 801676

www.lcpcf.net

Leicestershire Cares

42 Tower Street, Leicester, LE1 6WT

0116 275 6490

www.leicestershirecares.co.uk

Local Offer

families.leicester.gov.uk/send-local-offer

Menphys

The Menphys Hub, Bassett Centre, Bassett Street, South Wigston,
Leicester, LE18 4PE

01455 324020

www.menphys.org.uk/

National Citizen Service

Leicestershire Education Business Company, 30 Frog Island, Leicester,
LE3 5AG

0116 240 7007

www.leics-ebc.org.uk/Young-People-Parents-and-Guardians/national-citizen-service-ncs

Prince's Trust

6 Faraday Court, Leicester, LE2 0JN

0800 842 842

www.princes-trust.org.uk

SEND Support Services

New Parks House, Pindar Road, Leicester, LE3 9RN

0116 454 4650

families.leicester.gov.uk/send-local-offer/search-for-services/local-authority-services/learning-communication-and-interaction-team/

Special Education Needs and Disability Information Advice Support Service (SENDIASS)

1st Floor Alliance Building, 6 Bishop Street, Leicester, LE1 6AF

0116 482 0870

sendiassleicester.org.uk

Notes

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Questions

Please use this blank page to write down any questions.