# Recently had a family member sent to prison?



The Families Affected by Imprisonment Project is a partnership between Leicester City Council, Leicestershire County Council, Rutland County Council, Leicestershire Police, Schools, Probation and the Violence Reduction Network.

It was established in January 2021 to improve the support available to families who have a loved one in prison: we know that having a family member in custody is really tough for those on the outside and we want to make sure that families can get help and support during this time.



Information, support and guidance for those who have had someone close sent to prison

#### The Straight Path Resettlement Project, Leicester

Advice, guidance and support (practical and emotional, faith and spiritual) and community chaplaincy specialising in supporting Muslim BAME families/ communities. Multi-lingual (Urdu, Gujarati, Punjabi).

#### Contact:

- https://khidmah.org/events/resettlement-project/thestraightpath @khidmah.org
- 07512 066 734

#### The Ebb Leicester

Offering Adult Peer Support Groups for anyone aged 18+ with a someone in the criminal justice system and Tara's Club- a creative arts programme for children with a family member in prison.

#### Contact:

- 🛞 search 'The Ebb Leicester
- 💌 ebbleicester@gmail.com

#### Information, advice and support for your children

Helping your children to adjust to their new situation can be difficult. We'd recommend talking to school/preschool so they are aware of the change to your families' circumstances so that they can support your child(ren) as well.

#### Spurgeons – How to tell children

Top tips for families with a loved one in prison including advice on how, what and when to tell children.

spurgeons.org/top-tips-for-families/

#### PACT

Videos and information for children and young people to explain the situation and help them understand they are not alone.

prisonadvice.org.uk/Pages /Category/for-children

### Support, information and guidance for families in Leicester, Leicestershire & Rutland.

Having someone close to you sent to prison can be a difficult time for you and your family. We understand that every family is different and can be affected in different ways.

You may feel that you don't need support at this time. These services can offer support at any point during the period of imprisonment and upon release.

If you are unsure, just call, support is available.

#### Information, advice and support for you

A change in circumstance can be really hard. The services below are there to provide you with information, advice and support.

#### The Prisoners' Families Helpline

Information, advice and support on all aspects of the justice system.

#### Contact:

- 0808 808 2003 9am 8pm Monday to Friday and 10am 3pm Saturday and Sunday. Closed on Bank Holidays
- info@prisonersfamilies.org

You can email the helpline. They will get back to you within 3 working days.



#### prisonersfamilies.org

Information on everything from arrest to release from prison.

#### **Prison visiting**

Processes for visiting are different for each prison. The information below will help you find out everything you need to know about visiting prison, including child friendly guides to help children prepare.

#### **PACT Prison Visiting Guide**

Information on visiting arrangements for each prison in England and Wales.

prisonadvice.org.uk/prison-visitors-guides

#### My Visit

A photo guide and video to help children feel better about visiting. The photo guide explains what visiting is like and where their loved one is.

amiliesoutside.org.uk/professionals/tools- resources/

#### Help with the cost of prison visits

You may be able to get help to cover the costs of visiting prison if you are in receipt of certain benefits or have a health certificate.

gov.uk/help-with-prison-visits

#### POPS

Practical and emotional support for visitors to HMP Fosse Way. POPS is a charity, established by prisoners' families, which also provides support for visitors to other prisons. Visit POPS' website for more information:

- partnersofprisoners.co.uk
- mail@partnersofprisoners.co.uk
- 0161 702 1000

#### Money

It can be tough if your money situation has changed. The information below will help you find out about support you may be able to access to help you get to grips with your finances.

#### Turn2Us

Information and guidance on all financial issues, including eligibility and changes to benefits as a result of a partner being sentenced to custody.

turn2us.org.uk/Benefit-guides/Partner-in-prison/Benefits-Partner-inprison

#### Money advice and debt support

Your local council website will provide a summary of local money advice and support services.

- If you live in Leicester City visit families.leicester.gov.uk/familyinformation/family-finance/money-advice-and-debt-support/
- If you live in Leicestershire visit www.leicestershire.gov.uk/educationand-children/social-care-and-supporting-families/benefits-forfamilies
- If you live in Rutland visit www.rutland.gov.uk/rutland-informationservice/adults/money-matters-where-start

#### **Supporting Families Employment Advisors**

Information on benefits, support available through the Job Centre Plus and help with finding work (if that's what you want).

#### If you live in Leicester

- Contact Neeta Palmar on 07787220261 or
- Jags Katwa on 07776 166 327
- Supporting.Families@dwp.gov.uk

#### Local support for families

Your local Council offers services to support families and can provide you with information, advice and support on a range of issues from childcare, education, parenting and health.

#### If you live in Leicester

- families.leicester.gov.uk
- CASP-Team@leicester.gov.uk
- 0116 454 1004 Children's Advice, Support and Prevention Teams.

#### If you live in Leicestershire

- leicestershire.gov.uk/ children-and-family-wellbeing-service
- leicestershire.gov.uk/education-and-children/social-care-andsupporting-families/children-and-family-wellbeing-service
- CFWS@leics.gov.uk
- 0116 305 8727

#### If you live in Rutland

- 🛞 ris.rutland.gov.uk
- EarlyHelp@rutland.gov.uk
- 01572 758493 please ask for the Early Help team

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