



Department
for Education

Holiday Activities and Food (HAF) Programme Annual Report 2025/26

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Introduction

The Holiday Activities and Food (HAF) programme continues to play a vital role in supporting children, families and communities across Leicester during each main school holiday period. It offers engaging activities alongside nutritious meals, helping to ensure that children are supported both socially and physically.

Over the past year, the programme has provided enriching experiences, healthy food, and meaningful opportunities for learning, wellbeing, and social connection. This annual report highlights the collective efforts of schools, community and voluntary organisations, and local partners who have worked collaboratively to ensure that children eligible for benefit-related free school meals can access high-quality holiday provision.

HAF-eligible families were offered the traditional core programme during school breaks. In some instances, particularly during the winter delivery period, families received enriching activities complemented by food hampers containing ingredients to support the preparation of healthy, nourishing meals at home. This approach was adopted where providers were unable to deliver the full in-person offer.

As the needs of our communities continue to evolve, the HAF programme remains committed to reducing holiday hunger, tackling social isolation, and creating safe, inclusive environments where children can thrive. This report celebrates the progress made over the last year and sets out key priorities for continued improvement and future growth.

HAF funding over the years shows rising demand and need for HAF

- **2018** – £2 million towards new and existing holiday clubs
- **2019** – the programme was rolled out 9 local authorities
- **2020** – £9million funding was given to 17 local authorities
- **2021 – 2023** the government announced a further investment of over £200 million per year over the next 3 financial years for all 151 local authorities. Leicester City starts its first year of the programme.
- **2023 – 2025** HAF funding continued, we are currently waiting on government to confirm the continuation of HAF funds beyond 2025.
- **2025** – Funding for HAF confirmed for next 3 years

Extensive research indicates that the school holidays can be challenging for certain families, leading to a disparity in holiday experiences for some children. Specifically, children from low-income households are more likely to face obstacles:

- Limited access to organised out-of-school activities
- Inadequate nutrition – holiday hunger
- Lack of physical activity
- Heightened social isolation

The HAF programme has been developed as a targeted response to address this issue. Evidence shows that free holiday clubs can have a significant positive impact on the wellbeing of children and young people. Leicester has responded effectively by implementing a range of strategies to enhance the delivery and impact of the HAF programme, helping to improve outcomes for children and families most in need.

Strategic oversight and guidance are provided by the Feeding Leicester Steering Group, which plays a key role in supporting and challenging the HAF team throughout the planning and delivery of the programme. The group is made up of representatives from Leicester City Council, including officers from public health, social care and education, alongside voluntary sector partners and representatives from other public bodies, including the Leicester West MP's office.

We have achieved:

1. Offering consistent and easily accessible enrichment activities
2. Extending the scope of support beyond just providing breakfast or lunch
3. Engaging children and parents in food preparation processes
4. Collaborating with local partners and establishing connections with relevant providers

The pictures show a child at the top of a crate stack challenge, and a small group of children enjoying bell boating on the river at Leicester Outdoor Pursuits Centre:



The annual report provides an overview of the HAF 2025 programme in Leicester, highlighting key aspects of HAF and is also a valuable resource for understanding the programme's achievements, impact, and areas of success within the community.

The report covers the following key areas:

- **Funding Allocation:** a detailed breakdown of the overall funding invested in the HAF programme
- **Promotion and Media Coverage:** outlines the efforts made to promote the HAF programme, including ways to raise awareness and celebrate its achievements through a variety of media channels
- **Reach and Engagement:** provides statistical data on the number of unique children reached during each holiday period, including those with Special Educational Needs and Disabilities (SEND)
- **Collaborative Partnerships:** details organisations and stakeholders involved in the delivery and the efforts undertaken to ensure effective implementation and maximum impact
- **Participant Feedback:** incorporates valuable feedback from programme participants, as well as their families or caregivers in the form of case studies

HAF 2025 highlights

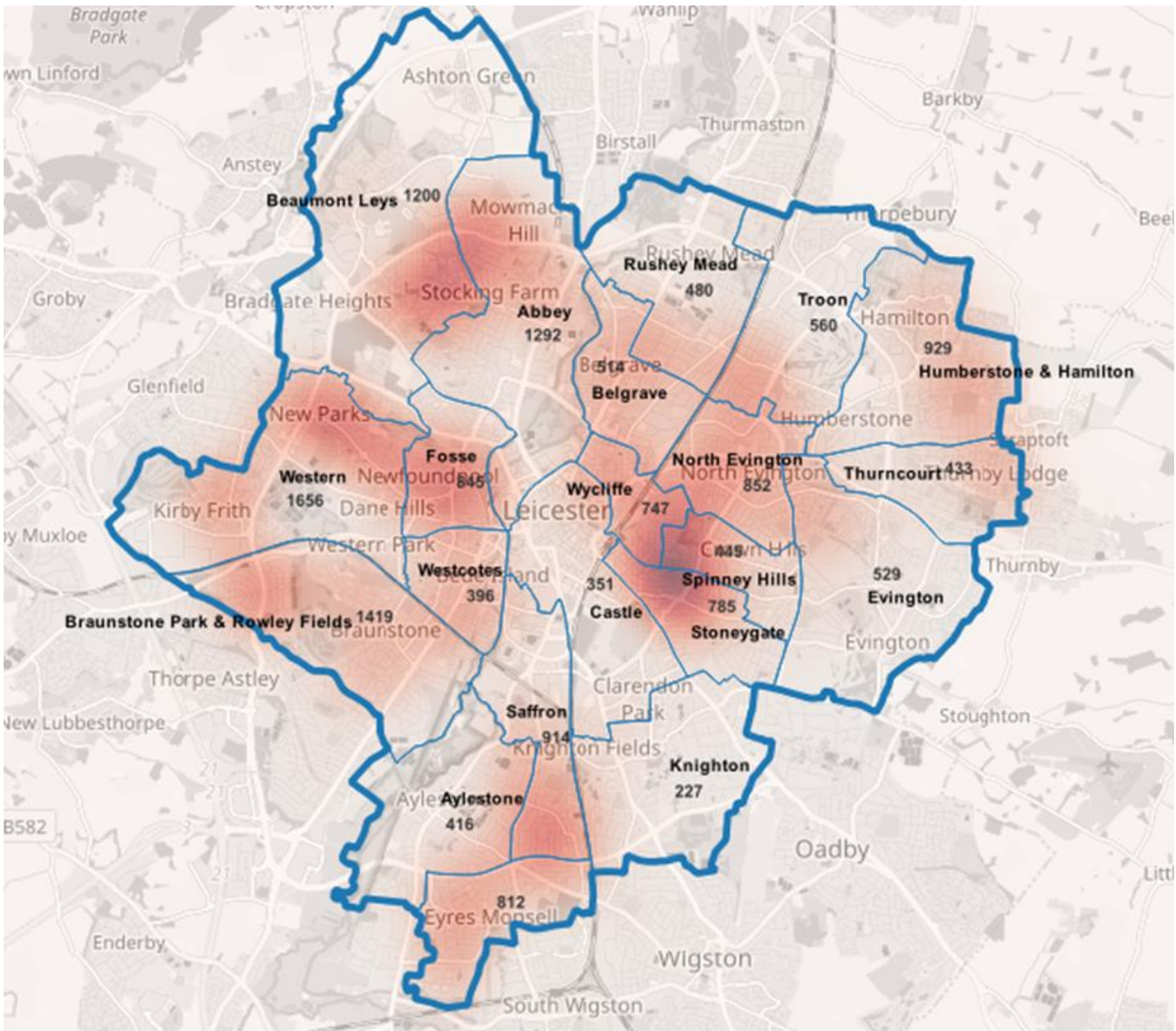
This section outlines the key highlights and successes of the HAF programme delivered across Leicester.

Demand for the programme continues to grow, with the number of children registering increasing steadily and more parents expressing interest during each holiday period. This sustained demand reflects the value families place on the provision and the positive impact it has within communities.

Provision across the city has remained strong, with many providers delivering consistently and becoming well-established and trusted by families. In addition, new venues and providers have been introduced periodically, helping to expand reach and offer greater choice to participants.

In terms of access, the Leicester HAF team initially operated a single booking route, with families booking directly through providers for the Easter and Summer programmes. During the Winter holiday period, a new centralised booking system was introduced to enhance flexibility and streamline administration. The implementation of the EEQU system has supported a more efficient booking process and improved overall user experience for families and providers.

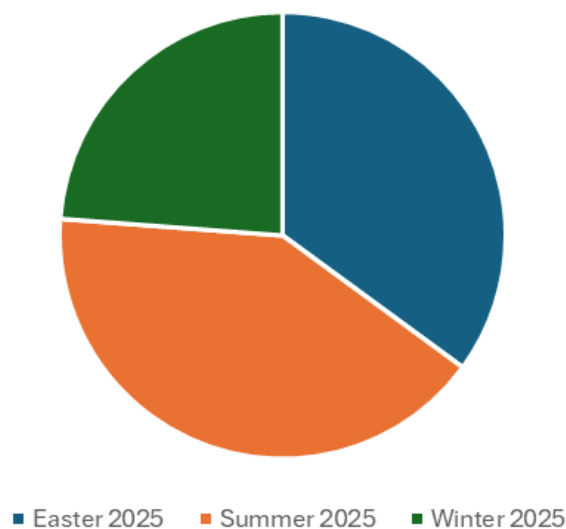
Leicester City has just over 16,540 children receiving benefit-related free school meals. The map shows the geographical areas where the number of children receiving benefit-related free school meals live, areas highlighted in red indicate a higher number of children eligible:



The breakdown of how many unique children engaged in each holiday period of the HAF programme was:

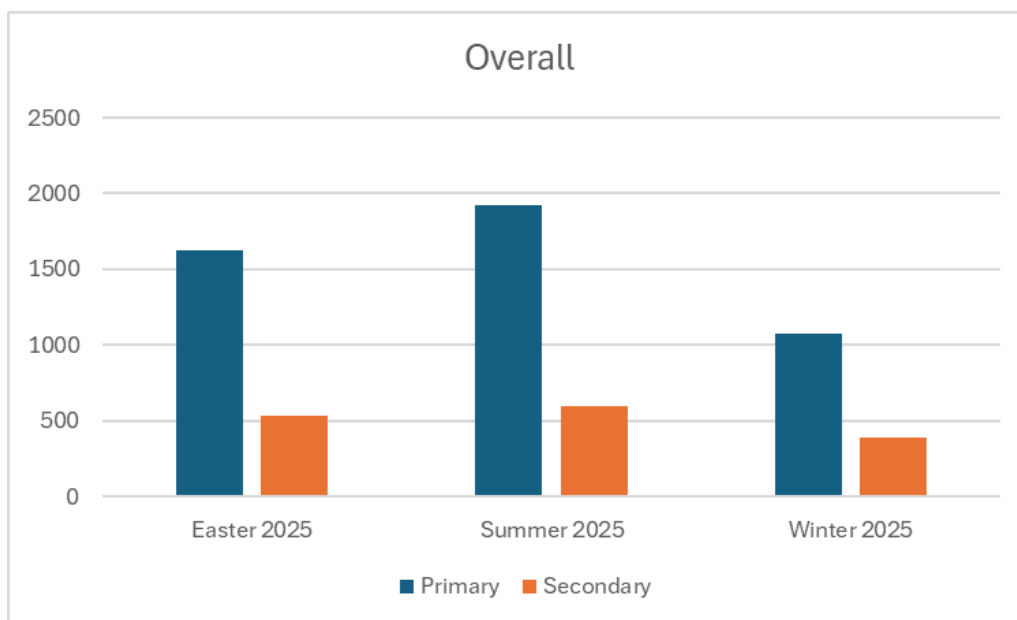
- Easter 2025: 2,149 children participated in the programme
- Summer 2025: 2,522 children participated in the programme
- Christmas 2025: 1,460 children participated in the programme

Engagment



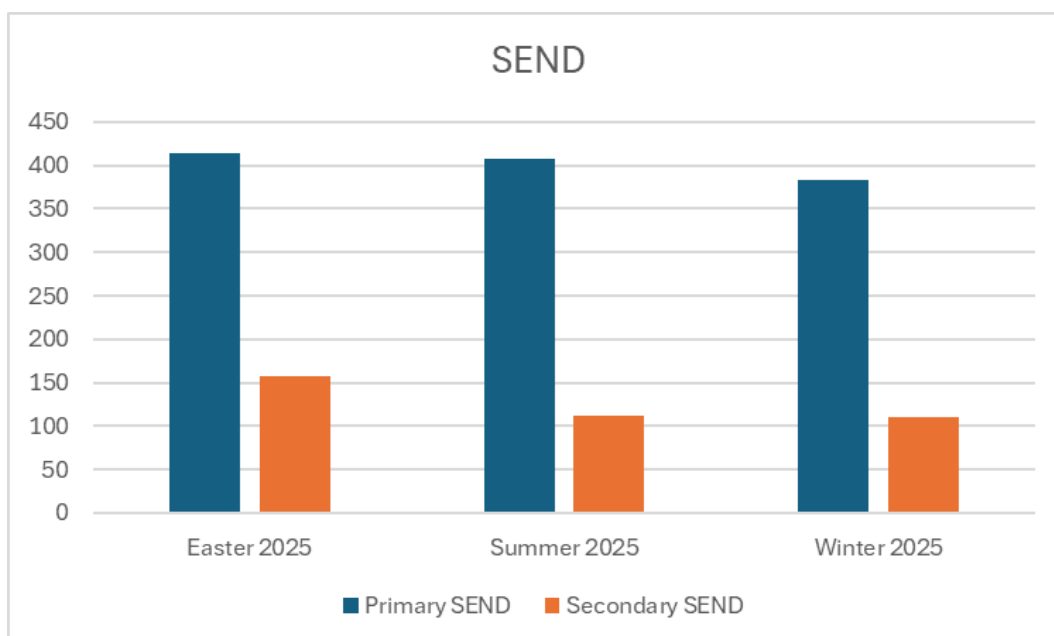
A further breakdown shows how many of primary and secondary age children participated in the programme:

- Easter 2025: 1,621 primary and 528 secondary age children participated
- Summer 2025: 1,922 primary and 600 secondary age children participated
- Christmas 2025: 1,074 primary and 386 secondary age children participated



Additionally, the table below highlights the number of children with special educational needs or additional needs who took part in the programme as summarised:

- Easter 2025: 414 primary and 158 secondary children with SEND participated, totalling 572 children
- Summer 2025: 408 primary and 112 secondary children with SEND participated, totalling 520 children
- Christmas 2025: 384 primary and 111 secondary children with SEND participated, totalling 495 children



Leicester has ensured that HAF provision is geographically distributed across the city by encouraging providers to deliver in key priority areas. These include locations with higher numbers of children eligible for free school meals (FSM), areas of greater deprivation, and areas where there is limited existing provision. This targeted approach ensures that all eligible children can access a HAF programme within reasonable proximity to their home.

Through quality assurance visits, the HAF Team has observed that children attending the programme feel safe, supported and engaged. Many children have had the opportunity to try new and innovative activities that they may not otherwise have experienced, such as kayaking, silent discos, graffiti art, team-building exercises and digital music production.

There is strong evidence that participation in HAF is supporting improved socialisation and confidence among children. Feedback indicates that many children feel more self-assured because of attending the programme. In addition, HAF provision is contributing positively to school readiness, with children returning to school more prepared and engaged for the new academic year.

Quality assurance assessment template

Where provision has not met expected quality standards, the HAF team has worked closely with providers to offer constructive feedback, recommendations, and signposting to relevant support and training opportunities. This approach ensures providers are given the opportunity to improve and develop their offer.

However, where sufficient improvements are not made, the decision is taken to discontinue working with those providers, reflecting the programme's strong commitment to maintaining high-quality delivery. The Leicester HAF team places significant emphasis on quality and consistency across all provision.

A range of Quality Assurance measures are used to assess provider performance across key areas, ensuring standards are met and continuously improved. Further details on these measures can be found in [Appendix A](#).

HAF challenges

The limited time between each HAF delivery period presents a significant challenge for the Leicester HAF team. A considerable amount of time is required to allow providers to plan their programmes, complete administrative tasks, and work collaboratively with the HAF team. However, delays can occur when providers do not communicate promptly or require additional time to meet deadlines. In some cases, this is due to limited staffing capacity, with providers balancing HAF administration alongside teaching or coaching responsibilities or delivering programmes for multiple local authorities. Other contributing factors include insufficient forward planning and challenges in establishing and maintaining effective relationships with schools or venue providers.

The manual process for managing bookings and allocations has also added complexity. Communication gaps between schools and families can result in some eligible families missing booking deadlines. Accommodating late requests requires significant administrative effort, including amending datasets, conducting additional eligibility checks, re-engaging with providers, and allowing time for providers to respond to families.

For the Easter and Summer programmes, the lack of system flexibility has made it difficult to accommodate all eligible families. Booking systems must close approximately 2–3 weeks prior to delivery to allow for eligibility checks and allocation of places. As a result, families who do not plan may miss out, as the system does not support real-time updates, cancellations, or dynamic management of places.

To address these challenges, a new booking system (EEQU) was piloted during Winter 2025. This system enabled families to access the full HAF offer in one place, browse activities by age, interest, or location, and complete bookings through a single, user-friendly portal. It also improved communication between parents and providers and included automated reminders and updates to support engagement.

Eligibility checks were completed instantly within the system, significantly reducing waiting times and minimising manual errors. The platform also allowed families greater flexibility, including the ability to book up to the night before provision began, as well as to cancel places where necessary.

Feedback on the new system has been very positive. It has reduced administrative burden, increased flexibility for families, and improved the reliability of performance data. This has enabled the HAF team to provide better support to providers both before and after delivery. Following the success of the pilot, the EEQU system has been adopted for continued use in 2026.

These challenges highlight the need of:

- Improved communication between schools, families and providers, the introduction of the EEQU system has and will continue to support the development of communication
- There is a significantly higher number of primary aged children accessing the programme compared to secondary aged. This is largely due to the need for childcare for the younger aged cohort and their willingness to attend holiday club type activity.
- Greater flexibility in the allocation and booking systems

Addressing these challenges will enable the HAF programme to better support all families in need and ensure that demand can be more effectively aligned with the number of places available within existing resources.

All HAF places for the Easter and Summer holiday periods were allocated following the completion of eligibility checks by the local authority. For the Winter programme, the introduction of a new system allowed eligibility to be verified immediately at the point of booking. The only exceptions were cases where errors were present—such as incorrect spelling of names or dates of birth—which required manual verification. Overall, the number of manual checks was significantly reduced compared to previous holiday periods, resulting in a more efficient and streamlined process for families and providers.

How providers offer high quality, value for money

- Allocation of places according to demand and deprived areas
- Providers delivered core offer as per guidance of the Department of Education
- Local trips in the city and beyond to incentivise attendance
- Sustainability of resources/equipment from previous delivery

Shorter holiday periods, such as Easter and Winter, continue to attract lower attendance, as the HAF programme is delivered across the full two-week break. This may be due to families taking holidays, visiting relatives, or preferring for children to rest at home. To address this, providers have been encouraged to offer sessions later in the day, making it easier for families to attend. This approach has been particularly effective for older children, with providers also introducing shorter, more flexible sessions to encourage greater participation.

A further challenge during the Easter 2025 delivery period was supporting providers to adapt the core offer in response to religious observance. The overlap of Ramadan with the Easter school holidays meant that some children were fasting and unable to eat during programme hours. Providers responded by offering practical adaptations, such as allowing children to take meals home to consume when breaking their fast. Additionally, lighter physical activities, increased rest breaks, and shorter sessions were incorporated to ensure children could participate comfortably without feeling excluded.

Providers also recognised that family routines were affected during this period, which impacted attendance, even for younger children who were not fasting. Supporting families with flexibility and understanding was therefore key to maintaining engagement.

As a diverse and multicultural city, Leicester remains committed to ensuring that the HAF programme is inclusive and accessible to all. It is essential that religious and cultural practices are considered and accommodated, so that no child faces barriers to participation and all children feel equally welcomed and supported.

Our HAF providers

Leicester works with established providers across the city who have been able to make the HAF delivery possible and accessible to all families including primary, secondary and SEND children. Providers ensure meals meet the school food standards and children's dietary needs e.g., vegetarian, vegan, halal, and planned holiday activities take into consideration children's different beliefs and cultures.

Where our HAF providers are from

- Voluntary and community groups
- Museums
- Leisure Centres
- National professional sports clubs
- Local schools/Academy Trusts
- Holiday sports clubs
- Specialist outdoor activities providers
- Local nurseries
- Adventure playgrounds

Most of the providers are specialist sports providers, nurseries, primary and secondary schools, or outdoor adventurous providers which offers children a variety of options to try different providers throughout the year. Furthermore, many providers have an existing partnership with schools as some deliver during term time which enables them to create a stronger relationship between themselves and families through HAF. Our city HAF providers have strong relationships with local communities and therefore many activities delivered were

based on feedback from, and the voice of, children and young people about what activities they wanted to do.

Children have been given the opportunity to try new and innovative activities and sports which they would not be able to access without HAF and have learned new skills. Our programmes in 2025 included a wide range of enrichment activities including: museums, arts and crafts, graffiti workshops, music/DJ sets, dancing, ice-skating, skateboarding/roller skates, planting vegetables, leap of faith high rope activity, outdoor and adventurous, active Leicester leisure passes, trips to ninja warriors, boast trampoline park, bowling, cinemas, pantomime, train station and work closely with our professional clubs Leicester City in the Community, Leicester Tigers Foundation and Leicester Riders Foundation. Many of our providers will cook and eat on site, this allows children to learn about nutrition and a healthy lifestyle through engaging activities, which is the best way to learn such important skills and knowledge.

Our network sessions provide providers the opportunity to come together, we facilitate sessions with specific professionals to further enhance their knowledge and understanding. We have provided nutritional sessions as well as team-based activities, provided and signposted to resources.

HAF funding

The table below provides a breakdown of the overall funds spent on the HAF programme for Easter, Summer and Christmas 2025.

Summary of spend	Cost
Face-to-face holiday club provision (including provider costs, holiday club staff, venue costs, activity costs, food/meal costs and other costs directly associated with the provision of free holiday club places directly funded through the HAF programme).	£1,299,679
Face to face SEND specialist provision	£92,160
Publicising the scheme to eligible families and other communications (included in management & admin)	£0
Capital expenditure (e.g., catering or sports equipment for clubs)	£0
Management and administration of the programme by the LA – 3x full time, 2 x part time staff	£161,990
Other costs (e.g., translations, transport, provider staff training, booking systems etc.) (included as part of face-to-face provision costs)	£0
Total HAF Expenditure 2025/26	£1,553,829

How HAF was promoted?

Families were also supported to overcome digital barriers, including limited access to technology or a lack of confidence in using online systems to book HAF places. This was addressed through the provision of a central telephone line, enabling families to access support and make bookings more easily.

The Leicester HAF team also places a strong emphasis on effective communication with schools, recognising their key role in reaching eligible families. Information about upcoming HAF programmes is shared directly with all Leicester schools via the Extranet, ensuring timely and consistent dissemination. In addition, the HAF management team regularly engages with headteacher development groups, using these opportunities to promote the programme and strengthen school engagement.

To further raise awareness and visibility, providers were encouraged to use the hashtag **#HAF2025** across social media platforms. This helped create a consistent digital presence and allowed families to see examples of activities and experiences offered through the programme. Providers shared posts and videos showcasing children's participation, giving parents greater insight into the quality and variety of provision available.

Following each delivery period, providers were also encouraged to produce case studies or short videos highlighting the successes and impact of their programmes. These outputs have helped to celebrate achievements, demonstrate outcomes, and support ongoing promotion of the HAF programme across Leicester.

HAF promotions:

- Word of mouth/ HAF central phone line
- School extranet communications
- Headteacher development groups
- Social media accounts, providers own webpages
- Press releases to local media outlets

Nutritional education and the promotion of healthy lifestyles

Ahead of each HAF delivery period, the Leicester HAF team ensured that providers planned programmes incorporating the four core elements: nutritional education, enriching activities, physical activity, and the provision of a healthy meal. To support this, a range of resources were shared with providers, including educational websites focused on children's nutrition and healthy eating materials such as posters to help design engaging and informative sessions. Examples of these resources can be found in Appendix B.

Providers were also given access to online training and resources from Venner Nutrition. While some providers made effective use of these tools, others relied more heavily on primary resources. In certain cases, it was noted during quality assurance visits that resources had not been fully cascaded to delivery staff, resulting in limited awareness or use at operational level.

The four core HAF elements were a key focus during quality assurance visits, with officers assessing how effectively providers delivered nutritional education in a creative and

accessible way. Particular emphasis was placed on ensuring that children of all ages could understand and apply healthy eating principles in their everyday lives.

Providers were encouraged to arrange hot food provision where possible; however, in some cases only cold food was feasible. To support those unable to organise catering independently, the Leicester HAF team partnered with Samworth Brothers, a local family-run business producing and delivering food nationwide. This partnership enabled the provision of healthy packed lunches, including fruit, vegetables, snacks, drinks, and a hot meal option where appropriate. Meals were tailored to accommodate a wide range of dietary requirements, including vegan, vegetarian, halal, gluten-free, and allergy-specific needs as disclosed by parents during booking.

Many providers also introduced breakfast options, recognising that some children arrived hungry. This demonstrated the high level of care and attention given to children's wellbeing. At the end of provision, some providers offered a celebratory meal, such as pizza, to encourage full attendance, while reinforcing key messages around maintaining a balanced diet. Surplus food was often offered to families as a takeaway option, helping to minimise waste and provide additional support at home.

Throughout the programme, children participated in a variety of sports and activities designed to enhance physical health and develop new skills. Providers were encouraged to vary activities and create structured timetables so that children and families had clear expectations for each day. A particularly successful approach involved consulting children on activity choices, leading to higher engagement and participation.

During quality assurance visits, officers assessed whether activities were inclusive, appropriately adapted, age-appropriate, and engaging. Providers demonstrated strong inclusive practice by simplifying rules, adapting equipment, and encouraging older children to support younger participants.

Sports leadership opportunities were also incorporated within one provider's programme, giving older children the chance to develop mentoring and leadership skills under the supervision of qualified staff, supporting their personal and employability development. In addition, for the first time, participants aged 16 were offered the opportunity to undertake the National Pool Lifeguard Qualification (NPLQ). This has led to paid employment opportunities within local leisure centres, extending the impact of the HAF programme beyond holiday provision.

Special educational needs and disabilities (SEND)

The Leicester HAF booking system included a section for parents and carers to disclose any Special Educational Needs and Disabilities (SEND) their child may have. This enabled the HAF team to work closely with providers to ensure that children were allocated appropriate and suitable placements to meet their individual needs.

Many providers demonstrated strong inclusive practice by accommodating both SEND and non-SEND children within the same setting. This was supported by appropriate staffing structures, access to resources such as sensory rooms and sensory play equipment, and experienced staff who regularly work with SEND children. Providers who managed their own booking systems were also advised to notify the HAF team if they were unable to meet specific SEND needs, enabling alternative provision to be arranged where required.

In addition, two providers delivered specialist provision for children with higher-level SEND and behavioural needs. These sessions included wheelchair-focused sports and actively encouraged participation from non-SEND children, promoting inclusive and innovative shared experiences for all participants.

Prior to attending HAF sessions, providers encouraged parents to attend site visits and take part in one-to-one conversations. This approach helped to build confidence and reassurance, ensuring that parents felt comfortable with the provision and confident that their child's needs would be met in a safe and engaging environment. For many families, this supportive approach helped to reduce anxiety around attendance.

Establishing trust between providers and families has been a key strength of the programme. As a result, many children attend repeatedly across multiple holiday periods. In some cases, where providers were unable to deliver the full HAF offer, provision was adapted to meet the needs of the family while ensuring that the food element remained in place. Strong, ongoing relationships between providers and families have contributed to sustained engagement and continued participation throughout the year.

Signposting and referrals

Families were directed to visit the [School holiday activities | LCC Family Hub](#) webpage on the Leicester City Council website. These webpages include information on how to get support on family health, finance, housing support and childcare, including which HAF activities and Pop-up Pantry events are on for each holiday period. The [Household Support Fund](#) webpage and phoneline was also signposted to families who could not access the HAF programme due to being ineligible or not vulnerable but still struggling financially. The cost-of-living crisis has meant that a lot of families needed the financial support.

[Mychoice](#) is a directory of local services that Leicester City Council hold, and this link was sent to providers to access help and advice on any topics or problems a family might be facing.

The [Leicester Safeguarding Children Partnership Board](#) website is a resource for HAF providers which was shared by Leicester HAF team. This website offers training on safeguarding such as child trafficking and Designated Safeguarding Lead and provides guidance on how to make referrals.

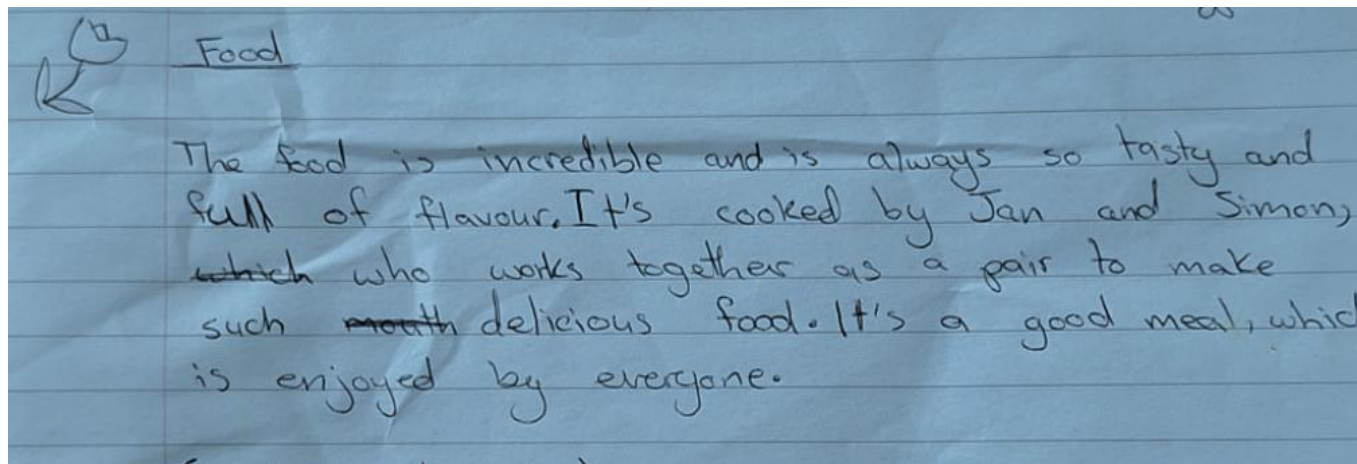
The [BetterOff](#) website was also shared with providers who could then have this as another resource families could access support if they disclosed to providers about financial problems. This website helps to calculate which benefits families are entitled to and they can also use this online tool to work out how their household budget affects their income to be able to plan better financially.

Children and family feedback

Below are the testimonials or feedback that the HAF Team have received concerning the 2025 HAF Programme.

Easter

Feedback from children



The picture above shows a child's handwritten appreciation of the food offer, tasty and full of flavour, delicious food, enjoyed by everyone.

Feedback from parents/carers

"Our Child came home buzzing every day – they absolutely loved coming!"

"I was so proud to see my child receive a certificate at the end of the session. It made her feel really valued and gave her a sense of achievement. She's still talking about how she wants to save energy and take care of the environment!"

"These early experiences can have a lasting impact on children's attitudes and behaviours towards the environment, helping to shape a more conscious and caring community in the future."

Summer

Feedback from children:

"I have had a great time this Summer, it has been so much fun. Thank you."

"I love working with younger children, so I gave them attention, so they didn't feel overwhelmed by the older children."

"I felt confident and proud of achieving new skills."

Feedback from parents/carers

"Thank you for having them, both kids have come home buzzing, this camp has helped with developing their confidence both physically and mentally. It is hard at home and having them at the camp, gives me more time with my little one. You always look after us as a family!!!"

“Best place for kids; my lad has the best time ever! It's so well ran and everyone is so nice... long may it continue!”

Winter

Feedback from children

“I've been here a few times now, but my favourite thing this year was the trip to Ninja Warrior. I haven't been there before, and we stayed for two hours and I got to go on a lot of the activities. I couldn't get up the climbing wall – that's my aim for next year, to make it to the top.”

“The gaming room is wicked; I love the upgrades they have done to it. I also love the football.”

“Making new friends and trying new foods”

Feedback from parents/carers

“Our children looked forward to attending each day and came home enthusiastic, tired in the best possible way, and full of positive stories about what they had learned and achieved” “My two sons love coming to The Grove and taking part in all the activities. The hampers were truly amazing, thank you! HAF Programme 2026

The image below highlights children's journals, which capture their HAF experiences and reflect the memorable moments created through the programme.



Summary

The HAF programme has continued to develop and strengthen throughout 2025, laying solid foundations for further growth in 2026 and maintaining momentum to support the national case for HAF funding beyond 2027.

We continue to work closely with a core group of trusted providers who consistently deliver high-quality provision. These providers have established strong relationships with families and schools, enabling them to achieve high levels of bookings and attendance across each holiday period.

Looking ahead to 2026, we aim to further strengthen connectivity between providers through enhanced networking opportunities. Plans are in place to host a celebration event following the Summer 2026 programme, recognising and celebrating the achievements and impact of HAF across Leicester. Quarterly networking meetings and training sessions, which proved highly effective in upskilling providers during 2025, will continue, with an increased focus on professional development in the year ahead.

School holidays should provide some of the most memorable experiences in a young person's life. In Leicester, we remain committed to delivering safe, fun and innovative HAF programmes, alongside nutritious food—creating positive experiences and lasting memories for children and young people.

Appendix A – Quality assurance visit record



Department
for Education

HOLIDAY ACTIVITIES AND FOOD WINTER PROGRAMME 2025

QUALITY ASSURANCE VISIT RECORD

Provider:		
Delivery Venue:		
Date of QA:		On site visit or Telephone Check In
Start & End time of QA:		
No. of staff on Site – Lead(s) – SEND and 1:1 Workers –	Assistant(s) –	Volunteer(s)
Completed by:		

Delivery hours (Session times/length):	Attendance (attendance today & total capacity): No. of HAF (match to register): No. of Paid places: Please note down previous attendance numbers include dates (HAF/PAID)	
Healthy Food - Is a healthy meal being provided?		Yes No
Detail the meal /snacks being provided today		
allergies/ dietary requirements /religious /cultural requirements considered?		
What feedback have they had from children on meals?		
Hampers – give a brief description of what's included a photo to support where possible.		
Does what is being offered align to the details in the application e.g. staff ratios, food offer, physical/innovative activities?		
Healthy food/lifestyle – Has the programme got planned healthy food/lifestyle activities/discussions as part of the day's activities.		Yes No
Detail the healthy eating/lifestyle activities available today, resources available Is VENNOR being used to support content delivery?		
Visible posters and pictures around?		
What other activities have been offered/are planned to cover the theme?		
What feedback have they had from children?		
Enriching and physical activities		

Detail enriching/physical activities being provided today, are they age appropriate/inclusive?	
What other activities have been offered/are planned?	
What feedback have they had from children on these activities?	
Signposting and referrals – is the club providing information/signposting/referrals?	Yes No
Detail what information/signposting activity is available today	
Policies and procedures - Are procedures in place to operate the holiday provision safely?	Yes No
Were you asked to sign in/out, asked for ID?	
Do you feel that the sessions are well managed/planned and can see policies and procedures are being adhered to?	
What safety procedures are in place? (Covid and safeguarding)	
What strategies are in place to deliver accessible and inclusive provision?	
Any other comments / feedback from provider?	
Any further support needed from HAF team/future recommendations to the provider?	

Please rate how well you feel the provision is meeting each of the HAF standards, based on your observations and discussions today (this information will support the HAF project team's learning for future HAF programmes)

	Very Poor	Poor	Acceptable	Good	Excellent
Healthy Food Provision (that meets the School Food Standards) Guidance on the Food Standards Agency Website					
Awareness and understanding of healthy eating					
Signposting and referrals					
Enriching activities					
Accessibility and inclusiveness					
Physical activity					
Environment and Sustainability					
Policies and Procedures					
Safeguarding					
Health and safety policies and procedures					
Insurance policies and procedures					
Did the provision meet your overall aims and objectives aligned to DfE guidance?					

Children's/Parent Feedback – if possible and appropriate, please ask children for their feedback and record their responses (please re-phrase questions as needed to aid understanding). Please note first name/initials and age where possible.

What have you enjoyed most about the holiday club?
Have you been able to try out any new activities? What were they? Did you enjoy them?
Have you been able to try out any new foods? What were they? Did you enjoy them?
Is there anything that would make the holiday club better?

If after or during the visit you have any areas of concern, please raise with project manager immediately.

Children's/Parent Feedback – if possible and appropriate, please ask children for their feedback and record their responses (please re-phrase questions as needed to aid understanding). Please note first name/initials and age where possible.

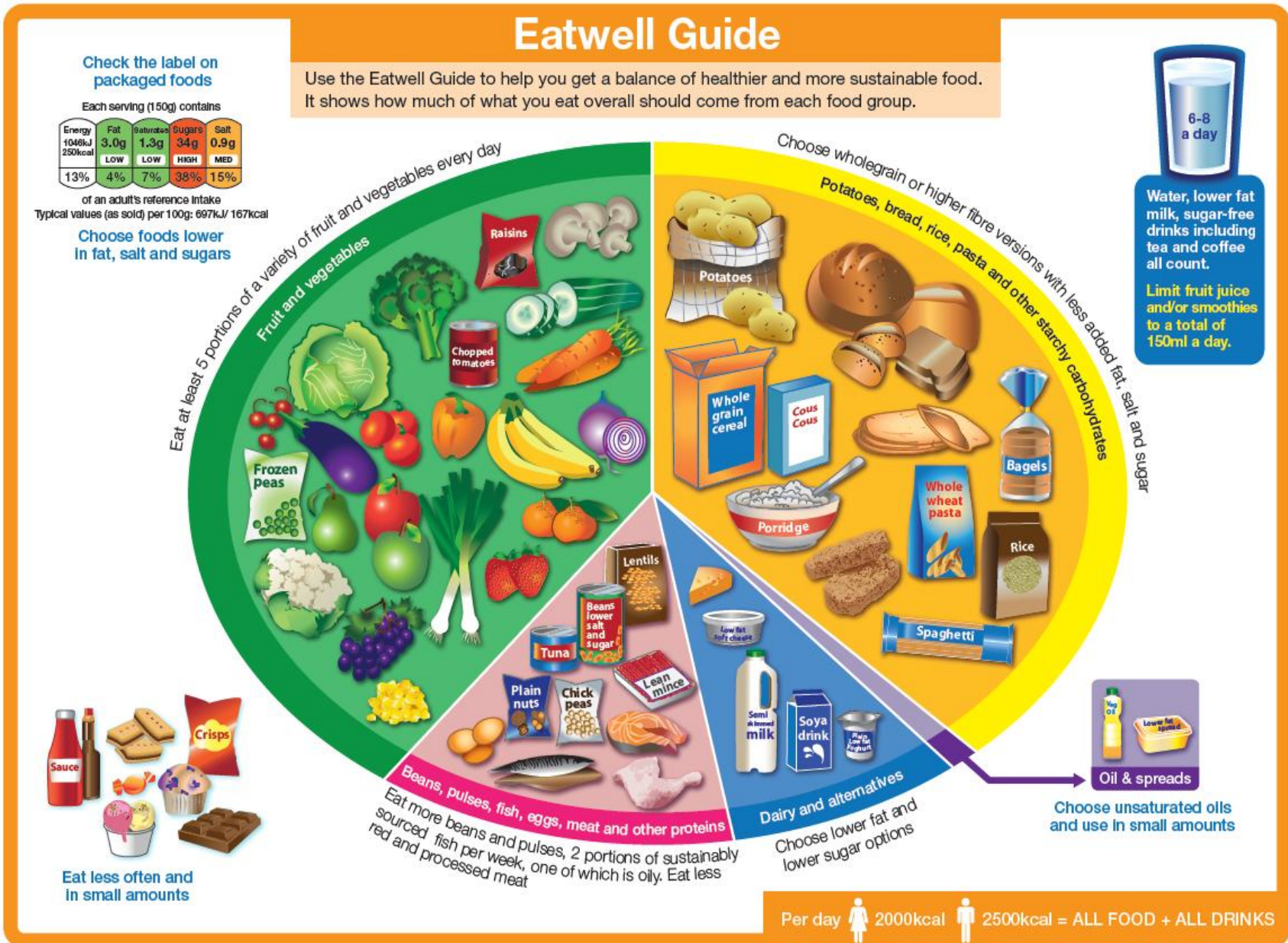
What have you enjoyed most about the holiday club?

Have you been able to try out any new activities? What were they? Did you enjoy them?

Have you been able to try out any new foods? What were they? Did you enjoy them?

Is there anything that would make the holiday club better?

Appendix B – Eatwell guide resources



Source: Public Health England in association with the Welsh Government, Food Standards Scotland and the Food Standards Agency in Northern Ireland

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The Plant-Based Eatwell Guide



This is a plant-based adaptation of Public Health England's Eatwell guide (2016). It aims to help you transition to a healthy and sustainable diet. It shows food groups in the proportions that they should contribute to the overall diet.

Check the label on packaged foods

Each serving (150g) contains

Energy 1046kJ 250kcal	Fat 3.0g LOW	Saturated 1.3g LOW	Sugars 34g HIGH	Salt 0.9g MED
13%	4%	7%	38%	15%

of an adult's reference intake
Typical values (as sold) per 100g (697kJ / 167kcal)

Choose foods lower in fat, salt and sugars

Vitamin B12



25µg daily supplement or 3 daily servings of fortified foods

Herbs, spices and fermented foods



Adds flavour and provides antioxidants and probiotics and are often anti-inflammatory

Per day 2000kcal 2500kcal = ALL FOOD + ALL DRINKS

Eat at least 5 portions of a variety of fruit and vegetables every day



Choose wholegrain or higher fibre versions with less added fat, salt and sugar



Beans, pulses, nuts, seeds and plant protein

Eat beans, peas and lentils, include one tbsp of ground flaxseed or chia seeds for essential omega-3 fats. Consume less meat substitutes



Plant-based dairy alternatives

Choose unsweetened, calcium and vitamin D fortified versions

Choose unsaturated oils & fats use in moderate amounts



6-8 a day

Water, plant milks and drinks without sugar including tea and coffee all count

Limit fruit juice and/or smoothies to a total of 150ml a day.

Ultra-processed foods



Salt, sugar and fat

Eat less often and only small amounts

The South Asian Eatwell Guide

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.

Check the label on packaged foods

Each serving (150g) contains

Energy 1046kJ 250kcal	Fat 3.0g LOW	Saturated Fat 1.3g LOW	Sugars 34g HIGH	Salt 0.9g MED
13%	4%	7%	38%	15%

of an adult's reference intake
Typical values (as sold) per 100g: 697kJ/ 167kcal

Choose foods lower in fat, salt and sugars

Eat at least 5 portions of a variety of fruit and vegetables every day



Choose wholegrain or higher fibre versions with less added fat, salt and sugar



6-8 a day

Water, lower fat milk, sugar-free drinks including tea and coffee all count.

Limit fruit juice and/or smoothies to a total of 150ml a day.

Beans, pulses, fish, eggs, meat and other proteins

Eat more beans and pulses, 2 portions of sustainably sourced fish per week, one of which is oily. Eat less red and processed meat



Dairy and alternatives

Choose lower fat and lower sugar options



Oil & spreads

Choose unsaturated oils and use in small amounts



Per day 2000kcal 2500kcal = ALL FOOD + ALL DRINKS