

# Teaching and Learning

## Outdoor Play



Is outdoor play available throughout the day?

Discussion points:

- Are children able to make choices about playing outdoors?
- Can children choose freely to play outdoors or is it restricted to particular times?
- What are the barriers/risks involved in having outdoor play accessible throughout the day?
- How does the weather impact on the offer of outdoor play and how can you mitigate the impact?
- How could you increase accessibility of outdoor play?

### **TASK**

Draw up an 'action plan' to increase the freedom of choice in playing outside.