

Meeting Individual Needs Training Offer

September 2024 – July 2025

Special Educational Needs & Disability Support Service



How the Special Educational Needs and Disability service (SEND) can work with you

SEND Service offers a highly personalised training service for both direct teaching and support roles for those working with children across all age phases, whether individuals or in groups. Our service can support you in engaging effectively with parents and carers in order to promote positive learning for children and young people. We will work with you and offer strategic advice that will enhance the educational experience of individuals because it is tailored to the needs of your school community.

SEND Service also offers support and advice for those working with vulnerable children and young people, including those with SEN and/or disabilities (SEND) and mental health challenges. We offer training and support for staff and other professionals working with children and their families.

Each of our teams has a wide range of skills, experience and knowledge in the form of specialist qualifications in their own field that can boost the professional expertise in your school.



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General SEND Support Training

SENDCo Briefing

These termly sessions will take place on the following dates:

Wednesday 16 October 2024, 9:00am – 12:00pm

Wednesday 02 April 2025, 9:00am – 4:00pm

Wednesday 25 June 2025, 9:00am – 4:00pm

Who is this course for:

All SENDCos

Fee:

Free to city SENDCos

Venue:

Venue:

Training Hall G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas covered:

- Provide the opportunity for SENDCos to keep abreast of new developments in SEN both at a national and local level.
- It is also a time to share ideas with other practitioners, to 'troubleshoot' issues and refresh and gather new resources that support the SENDCo role.

Course Outcomes:

- Refreshed and updated information or ideas will be used by the SENDCo in their role.
- Up to date information regarding new resources, assessment material, websites etc. that support the work of SEN in the school, can be shared with all staff.

This course will be delivered by the SENDSS Team Leaders

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Learning, Communication & Interaction Training

Induction Programme for new SENCoS & SENCoS new to Leicester City

4 Half day Training Sessions 1:00-4:00pm

9 October 2024, 6 November 2024,
4 December 2024 and 5 February 2025

6x Twilight Forums – 3:30 – 5:30pm

30 October 2024 , 20 November 2024,
26 February 2025, 26 March 2025, 21 May 2025,
18 June 2025

Who is this course for:

New SENCoS
SENCoS who are new to Leicester City

Cost:

Free for Leicester City Maintained Schools.
Non-Leicester city Maintained schools & Academies
£1000 for the for the full programme per delegate

Venue:

Training Room 1.2 / G 3 / G4
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

This programme includes:

- Four half-days of training
- Six twilight forums focused on developing and embedding good practice.
- 2x 1:1 bespoke support / mentoring sessions in own school
- Structured peer support
- Structured training of all national and local priorities for SENCoS

This course will be delivered by the LCI Team (Kate Westwood).

This programme/ project has been commissioned by Closing the Gap (CtG), a programme of initiatives and training opportunities to address shared priorities across Leicester City primary schools. Therefore, if you are a maintained primary school, your place on this course will be fully funded. For non-maintained, secondary & other schools, the above charge will apply.

For further information please email: kate.westwood@leicester.gov.uk

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Development Programme for SENCOs

6x Twilight Forums – 3:30 – 5:30pm

30 October 2024 , 20 November 2024,
26 February 2025, 26 March 2025, 21 May 2025,
18 June 2025

Who is this course for:

SENCOs who have not accessed Leicester City SENCO Induction training

Any SENCOs who are wanting an update / refresher course

Cost:

Free for Leicester City Maintained Schools.

Non-Leicester city Maintained schools & Academies
£300 for the for the full programme per delegate

Venue:

Training Room G 3 / G4
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

This programme includes:

- Six twilight forums focused on developing and embedding good practice.
- Opportunities to develop own practice through debate and discussion.
- Opportunities to build your professional network and utilise support systems
- Focused training on national and local priorities for SENCOs

This course will be delivered by the LCI Team (Kate Westwood).

This programme/ project has been commissioned by Closing the Gap (CtG), a programme of initiatives and training opportunities to address shared priorities across Leicester City primary schools. Therefore, if you are a maintained primary school, your place on this course will be fully funded. For non-maintained, secondary & other schools, the above charge will apply.

For further information please email: kate.westwood@leicester.gov.uk

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Speech and Language Support In The Classroom 3 Day Course

This 3-day course will run on the following dates:

Wednesday 15th, 22nd & 29th January 2025

9:00am – 3:00 pm

(Delegates to attend all 3 sessions)

Who is this course for:

SENDCo/Teacher and teaching assistant pairs.

Fee:
£450

Venue:

Training Room G 3
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

- Identification of speech, language and communication needs (SLCN).
- Strategies and resources to support all areas of SLCN including listening and attention, memory difficulties, understanding verbal information, expressive language difficulties, effective teaching of vocabulary, narrative skills, speech sound difficulties and social interaction.
- Impact of SLCN on teaching, learning, literacy and behaviour.
- The language friendly environment.
- Communication process.
- Normal communication development.

Course Outcomes:

- A range of strategies to inform quality first teaching in the classroom.
- Ideas to develop the language supportive classroom.
- An increased understanding of speech language and communication and how this impacts on teaching, learning and behaviour.
- An increased ability to identify SLCN.

This course will be delivered by the LCI Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

ELKLAN Speech and language support for 5 – 11's

Dates:

This is a 10-week course

16.9.2024, 23.9.2024, 30.9.2024, 7.10.2024,
14.10.2024, 28.10.2024, 4.11.2024, 11.11.2024,
18.11.2024, 2.12.2024

All sessions to run from 1:00pm – 3:00pm

Who Is It For:

Teaching assistants -Key Stages 1 and 2.

Fee: -

£430 per delegate, includes registration fee and book.

Venue:

Training Hall G 1
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

- This course is delivered on one afternoon a week for 10 Weeks.
- The course explains the communication process and difficulties that children may experience with speech, language and communication.
- The course provides a range of practical strategies that may be used by teaching assistants in their work in the classroom or when supporting individual children.

Course Outcomes:

- Accreditation at level 2 or level 3 (OCN).
- Increased understanding of the communication process.
- Increased understanding of speech, language and communication needs in children.
- Knowledge of a range of strategies, approaches and resources to use in the classroom and with individual children to support SLCN.

NB for accreditation delegates are expected to submit a short, written learning log weekly.

This course will be delivered by accredited Elklan trainers from the LCI Team. (Jeanette Wright)

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

ELKLAN Speech and language support for 11-16s

Dates:

Dates for this course can be amended to suit the needs of delegates:

1) A 10-week course 1-3pm in the Spring term 2025

2) A 3-day course 9-4:30pm with dates in the Spring term

3) Run as a 10-week course as part of the 5-11 Elklan course on the previous page.

Who Is It For:

Teaching assistants -Key Stages 3 and 4.

FEE: - £430 per delegate, includes registration fee and book.

Venue:

Face to face (venue to be confirmed when dates arranged).

Areas Covered:

- This course is delivered on one afternoon a week for 10 Weeks
- The course explains the communication process and difficulties that students may experience with speech, language and communication.
- The course provides a range of practical strategies that may be used by teaching assistants in their work in the classroom or when supporting individual students.

Course Outcomes:

- Accreditation at level 2 or level 3 (OCN).
- Increased understanding of the communication process.
- Increased understanding of speech, language and communication needs in students.
- Knowledge of a range of strategies, approaches and resources to use in the classroom and with individual students to support SLCN.

NB for accreditation delegates are expected to carry out short tasks in school settings and submit a short, written learning log weekly.

This course will be delivered by an accredited Elklan trainer from the LCI Team. (Jeanette Wright).

Please contact jeanette.wright@leicester.gov.uk to discuss suitable dates / options for the course delivery

Impact of EAL on learners with SEND

Dates:

Thursday 7th November 2024 Online via Teams

9:00 -12:30pm

Who is this course for:

SENCOs, EAL leads and teachers KS1-4

Cost:

£75 per delegate

Venue:

Will be run via Microsoft Teams

Areas Covered:

- Difference and overlap between learners with EAL and SEND
- How does having EAL impact on SEND?
- Obtaining linguistic profiles of pupils
- Strategies and support for EAL/SEND learners

Course Outcomes:

- Understand how to identify SEN in EAL learners
- Understand the impact of EAL on pupils with SEND
- Identify strategies and interventions to support SEND learners with EAL.
- Know where to get further advice and support

This course will be delivered by the LCI Team. (Jeanette Wright)

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Let's Talk (Intervention Training)

Dates:

Wednesday 20th November 2024

9:00-3:30pm

Who is this course for:

SENDCoS, Teachers and Teaching Assistant pairs or 2 TAs if SENDCo has already trained in Let's Talk.

Fee:

£150 per delegate

+ £65 per school for electronic resources folder

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- The communication process.
- What a language group looks like.
- Pre and post screening.
- Language group activities

Course Outcomes:

The Delegates will be equipped to run a Let's Talk Language group intervention.

Each School will receive access to a Virtual folder which contains:-

- Pre & Post screening materials.
- 10 weeks of Language group plans for KS1 and KS2 Children.
- Printable Resources.

To be delivered by the LCI Team : Kate Westwood

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

School Based Assessment of Speech, Language and Communication Needs

Dates: - (Two Full Days) 9am-3pm

(Delegates must attend both days)

Wednesday 5th March 2025 &

Wednesday 26th March 2025

Who is this course for:

SENDCoS and SEN Teachers. HLTAs or Level 3 teaching assistants with responsibility for assessment.

Fee:

£300 Per delegate or

£450 for Teacher/TA Pair – one of pair must be a qualified teacher.

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

Day One.

- Develop knowledge of different areas of SLCN: speech, language, and communication.
- How SLCN presents in the classroom.
- An exploration of different ways to identify SLCN difficulties.
- A practical exploration of formal and informal language assessments to use in school.

Day Two.

- Discussion of findings from case study work and recommended language assessment work.
- How to analyse language assessments.
- Identifying ways to support pupils with SLCN needs within the classroom setting.
- Exploring evidence-based intervention approaches.

This course will be delivered by the LCI Team. (Jeanette Wright)

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

School Based Assessment and Identification of SpLD

Dates: - (2 Day Course) 9:00am – 3:30pm

Autumn Course: -

Wednesday 2 October &

Wednesday 30 October 2024,

or

Summer Course: -

Wednesday 7 May &

Wednesday 4 June

Who is this course for:

SENCOs and teachers

Fee:

£300 per delegate for a two-day course.

Venue:

Autumn Course-Training Room G 4

Summer Course-Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

Day One:

- The SpLD pathway and early monitoring process.
- Understanding of standardised assessment terminology.
- Basic literacy and language assessments to use in school.

Day Two:

- Case studies of pupils with SpLD and SLCN.
- Understanding of how pupils with SpLD present in school.
- Support in interpreting assessment results and making judgements.
- Awareness of effective provisions of pupils with SpLD.

Course Outcomes:

- Be able to complete basic language and literacy assessments.
- Have increased confidence in interpreting results of assessments.
- Have increased confidence in identifying pupils with SpLD.

This course will be delivered by the LCI Team. (Kate Keaveny & Holly Hincks)

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Dyslexia Awareness (Online)

Dates:

5th February and 12th February 2025

3:45-5:30pm 2 sessions

Who is this course for:

SENCOs, Teachers, TAs primary and secondary

Fee:

£75 per delegate

Venue:

Will be run via Microsoft Teams

Areas Covered:

- Definition of dyslexia.
- Range of difficulties associated with dyslexia.
- Strategies to support those with indicators of dyslexia

Course Outcomes:

- Increased understanding of dyslexia.
- Knowledge of a range of effective strategies to address the impact of specific learning difficulties.

This course will be delivered by the LCI Team. (Kate Keaveny)

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Boosting Reading and writing Progress (BRWP)

Dates: - 2 full days

Friday 1st November 2024

Friday 15th November 2024

9:00am – 3.30

Who is this course for:

Teachers or teaching assistants in primary or KS3.

Fee:

£450 for Teacher and TA pair, additional TAs at £100 each.

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- How pupils develop reading skills.
- The reading process and how to observe readers carefully and systematically.
- How to help students with decoding difficulties, particularly those who are still struggling with reading despite several of years of phonics input (e.g. years 5-8)
- How to deliver the BRWP intervention, including using some writing activities to use where appropriate.

Course Outcomes:

- Gain a clear view of reading development and the variety of difficulties pupils experience.
- Observe a reader in detail and to be able to diagnose strengths and weaknesses.
- To be able to target teaching effectively to individuals.
- For the school: it builds capacity to identify and intervene successfully and raises skill levels of adults when they work both in classroom and one to one context.

This course will be delivered by Michelle Deeming from the LCI Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

An Introduction to Inference Training and Boosting Reading Comprehension in Key Stages 2 and 3

Dates:

Tuesday 21st January 2025 and Tuesday 28th January 2025

9:00am – 12:00pm

(Delegates to attend both sessions)

Who is this course for:

A teacher who will supervise and teaching assistants who will deliver the training.

Fee: £315 per delegate including digital access to the inference training resource file.

Venue:

Will be run via Microsoft Teams

Areas Covered:

- The key components of comprehension and barriers students may face.
- Completing a diagnostic conversation with students
- How inference training can be delivered by teaching assistants to groups of four or five pupils for 40 minutes, twice a week over twelve weeks.
- The contents of the folder.

Course Outcomes:

- Adults become more sensitised to reading comprehension difficulties in a classroom and intervention context.
- Attendees will learn how to complete a diagnostic conversation to 'unpick' a learners comprehension difficulties.
- Attendees can deliver the intervention with groups of pupils to achieve significant progress.
- Participants will know about the contents of the folder

This course will be delivered by (LCI)

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Early Comprehension Activities and Games

Dates:

Thursday 15th May 2025

1:00pm – 4:00pm

Who is this course for:

Key Stage One teachers and Teaching assistants

Cost:

£75 per delegate

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Strategies to use to develop comprehension in Key Stage One
- Games and activities that will help children to develop understanding of different question types and how to answer them.

Course Outcomes:

- Teachers will gain a range of strategies to teach young children comprehension skills in a fun way.
- Teachers will have some resources and games that they can use when working with small groups of children.

This course will be delivered by Kate Keaveny from the LCI Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Fun activities for teaching phonological & phonic skills for children with SEND

Dates:

Thursday 7 November 2024

1:30- 3:30

Who is this course for:

Teaching assistants (and teachers) who teach small group phonics sessions for children with SEND

Cost:

£75 per delegate

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Opportunities to refresh and practise phonological and phonic skills
- Games and activities to teach skills effectively
- Information about a range of resources to acquire and practise skills
- Opportunities to share good practice with others in a similar role

Course Outcomes:

Delegates will:-

- Refresh and enhance their knowledge of phonological and phonic skills
- Watch and participate in a range of games and activities
- Increase their knowledge of resources to use in their practice
- Network and share good practice with others in a similar role

This course will be delivered by Paula Jones (LCI Team).

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

School Based Assessment in Mathematics

Dates: 2-day course 9:00am – 12:00pm

Wednesday 26th February 2025 &

Thursday 27th March 2025,

Who is this course for:

SENDCos, SEN Teachers with responsibility for assessments in Maths.

Fee:

£150 per delegate

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

Day One: (am only)

- Understanding the challenges inherent in learning mathematics.
- Exploring some of the ways we can identify mathematical difficulties.
- Introduction to the 'Quick Numeracy Check' (QNC) and other useful assessments.

Day Two: (am only)

- What is maths anxiety?
- Discussion of findings from your exploration of Numeracy SBA in school.
- Identifying ways to support pupils who are finding maths challenging in class through high quality teaching.
- Exploring evidence-based intervention approaches.
- A brief introduction to dyscalculia.

Course Outcomes:

- Receive a QNC resource pack
- Be able to complete basic maths-assessments.
- Knowledge of high-quality teaching and resources to use with pupils who find maths challenging.
- Increased confidence in identifying pupils with dyscalculia or maths anxiety.

This course will be delivered by the LCI Team (Kate Westwood).

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

An introduction to teaching children with a Developmental Co-ordination Disorder (Dyspraxia)

Dates:

Thursday 14th November 2024

9:00am – 12:00am

Who is this course for:

Sencos, TAs and class teachers (F2-Year 6)

Cost:

£75 per delegate

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- What is a Developmental Co-ordination Disorder?
- How does this affect young people in school from FS to Y6?
- How can we support young people with a DCD in school?
- How can we be more inclusive for young people with a DCD?

Course Outcomes:

Delegates will:

- Gain an understanding of what DCD/Dyspraxia is and how we can support young people in school from years FS to Y6 to be included and successful.

This course will be delivered by Sam Marriott from the LCI Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Supporting Pupils with Down's Syndrome in School

Dates: - (Morning Sessions)

Thursday 31st October 2024 and

Thursday 7th November 2024,

9:00am – 12:00pm

(Delegates to attend both sessions)

Who is this course for:

Those involved with supporting Down's pupils in KS 1, 2 and 3.

Fee:

£150 per delegate

Venue:

Will be run via Microsoft Teams

Areas Covered:

- Overview of Down's Syndrome.
- The profile of strengths and difficulties that a Down's Pupil may have.
- Developing their literacy.
- Language development.
- Ways to support their learning across the curriculum.

Course Outcomes:

- Course participants will develop an understanding of Down's Syndrome pupils and acquire practical strategies to support their learning, independence and participation in school life.

This course will be delivered by the LCI Team. (Becky Desborough)

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Play Interaction for Children Who have Communication & Interaction Needs: Includes Early Years

Dates:

Thursday 31st October 2024 at 9.30am - 3.00pm

or

Wednesday 26th February 2025 at 9.30am - 3.00pm

Who is this course for:

Teaching Assistants and SENDCos.

Fee:

£150 Per delegate

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- An introduction to Play Interaction, focusing on how this intervention supports children who have communication and interaction needs and autism.
- An overview of the development of social interaction, communication and play skills in typically developing children and the identification of delays and differences in these areas.
- Planning and delivering of Play Interaction sessions, including adapting activities and supporting progression and generalisation.
- An opportunity to practise techniques and strategies that can be used in Play interaction sessions.

Course Outcomes:

- Review the development of social communication and interaction, and the play skills in typically developing children.
- Identify needs for pupils who have communication and interaction differences and autism.
- Identify approaches to develop and support social communication, interaction, listening and attention and play skills.
- Learn how to plan and deliver a Play Interaction session, adapting them for individual needs and using a range of strategies, activities and resources.

This course will be delivered by both Kirti Patel, LCI Team and Cath Jackson EYST.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Supporting pupils with complex needs in mainstream

Dates:

Wednesday 6th November 2024

9:15-3:30pm

Who is this course for:

Teachers, Sencos, TAs in mainstream schools

Cost:

£150 per delegate

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

Understanding of complex needs

Effective ways to integrate pupils, including during play.

Meeting need through differentiation and personalised planning

Teaching approaches and the multi-sensory learning environment.

Language and communication strategies.

Assessment, outcomes and accurate monitoring of progress.

Course Outcomes:

Participants will have:

increased confidence in supporting pupils with more complex needs

Information about making secure judgements about pupil baseline assessment and progress.

knowledge of effective teaching methodology and differentiation strategies to support the **child's learning and well-being**

knowledge of other training materials and support organisations

This course will be delivered by LCI Team

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Autism Education Trust (AET) Schools: Extending and Enhancing Good Autism Practice (3 days)

Spring Term:

Wednesday 29th January 5th February & 12 February
2025

9:00am - 4:00pm (3 full day sessions)

Who is this course for:

This module is for SENDCo. teachers and teaching assistants who work with autistic pupils (5–16).

Fee:

£370 per delegate

£450 for teacher and teaching assistant pairs

Venue:

Training Room G 1
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas covered:

- Provide an overview of what is meant by autisms.
- Develop an understanding of how behaviours are impacted by the impaired social communication skills and sensory difficulties.
- Provide practical strategies to meet the needs of students with autisms, including an introduction to specific interventions, e.g. social stories™, Circles of Friends, visual systems and strategies.

Course Outcomes:

- Participants will be able to understand how autism impacts on the social, emotional and academic progress of a child with autism.
- Participants will have practical strategies and knowledge of interventions to use to better meet the needs of those with autisms.
- Increased awareness of how the physical environment can aid or detract from teaching those with autisms.
- Staff will have increased knowledge in how to identify and support pupils with autism.
- Virtual copy of "Tools for teachers".

This course will be delivered by the LCI Team (AET Autism Specialist Teachers).

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Autism Education Trust (AET) Leadership Inclusion and Structural Reasonable Adjustments: The Suite of Resources for Leaders

Dates:

Wednesday 9th April 2025 9:00-4:00pm

Who is this course for:

School SENDCo, Leaders and Autism
Champions (School and Post16)

Need to have attended previous GAP
training

This course will be delivered by the LCI Team.
(AET Autism Specialist Teacher)

Cost:

£75 per delegate

Venue:

Training Room G 3
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

- Two modules for leaders to support culture change and improve Good Autism Practice (GAP)
- To look at how inclusive provision and structural reasonable adjustments can help a setting to be outstanding.
- To consider what is needed to lead culture change in a setting.
- To know about AET resources and guidance that can support leaders to provide inclusive environments through structural reasonable adjustments.
- To consider different ways of making structural reasonable adjustments to ensure autistic children and young people are fully supported.
- A wide range of additional resources to support leaders to manage culture change and implement GAP

Learning objectives

- To understand the importance of the GAP Principles and Inclusion Promises.
- To be able to develop a culture where autistic children and young people feel listened to, supported and included.
- To have the skills, tools and confidence to lead change in their setting.
- To have a good understanding of educational legislation related to inclusion.
- To reflect on and plan next steps for what is required
- To lead change and fully embed an inclusive culture.
- To understand how to embed the Autism Standards Framework to improve good autism practice.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

How to Use Social Stories and Comic Strip Conversations to Support Social Skills for Autistic CYP

Dates:

Wednesday 5th February 2025

9:30am to 12.30pm

Who is this course for:

SENDCoS, Class teachers, Teaching Assistants

Cost:

£75 per delegate

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

Social stories™ and Comic Strip Conversations can help autistic people develop greater social understanding and help them stay safe.

- Develop self care skills, social skills and academic abilities
- Help someone to understand how others might behave or respond in a particular situation
- Help others understand the perspective of an autistic person and why they may respond or behave in a particular way
- Help a person to cope with changes to routine and unexpected or distressing events (for example, absence of teacher, moving house, thunderstorms)
- Provide positive feedback to a person about an area of strength or achievement in order to develop self-esteem
- As a behavioural strategy (for example, what to do when angry, how to cope with obsessions).
- Course Outcomes:
- To know why Social Stories™ support pupils with autism
- To be able to write a Social Story™

This course will be delivered by Pia Delucchi, LCI Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

TA Network Meetings (for Those Working with Children With Autism)

Wednesday 12th March 2025
1.00 - 3.30pm

Who is this course for:

Teaching Assistants where the teaching assistant (TA) has attended Autism Education Trust 9AET) Making Sense of Autism Level 1 Training.

Fee:

Per delegate

Free for 1 delegate (Leicester City School).

£30 for extra delegates.

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Emotional Regulation
- Using sensory experiences to support children with autism.
- Tweens and Teens with autism and the types of issues they may experience and the support that they may need.
- Managing Change.

Course Outcomes:

- Teaching Assistants will be able to share how they support:
- Emotional Regulation of the autistic children they work with.
- Sensory experiences in the autistic children they work with.
- The autistic Tweens and Teens they work with
- The autistic children they work with to manage change
- Teaching Assistants will be able to ask questions and share good practise (please bring along any relevant resources).

This course will be delivered by the LCI Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Transition Training for Teaching Assistants who Support Autistic Pupils in Year 6

Dates:

Wednesday 9th April 2025 1.00- 3.00pm

Who is this course for:

Teaching assistants (TAs) who have attended Autism Education Trust (AET) Making Sense of Autism Level 1 Training.

Fee:

Free for 1 delegate per Leicester City school
£30 for extra delegates.

Venue:

Training Room G 4
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

The training offers techniques for effective transition planning for young people on the autism spectrum who are going to Secondary School.

Course Outcomes:

- Teaching Assistants will be able to share how they support their Tweens and Teens experiences in the autistic children they work with.
- Teaching Assistants will be able to share how they support Year 6 transition with the autistic children they work with.

This course will be delivered by Allison Hill and Pravina Parmar LCI Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Introduction to Autism: Parent Workshops School Years 1-5 (Primary)

Dates: - (4 Days)

Wednesdays: 30th October 2024, 6th November 2024, 13th November 2024, 20th November 2024.

9:30am – 12:30pm

Who is this course for:

Parents and carers.

Fee:

Free

Venue:

Training Room G 3/G4

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- To develop an understanding of Autisms.
- To identify how autism can affect families.
- To have information about what is available for families in Leicester city and beyond.

Course Outcomes:

- Gain a better understanding of autism.
- Provide families with information.
- Signpost to support organisations.
- Gain an understanding of what is meant by Social Communication.
- Provide practical ideas and strategies to support your child.
- Gain a better understanding of Sensory Processing in autism.
- **Explore your child's sensory differences.**
- Provide practical ideas and strategies to support your child.
- an understand of what is meant by emotional regulation.
- Provide practical ideas and strategies to support your child.

This course will be delivered by Pia Delucchi from the LCI Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Introduction to a Structured Learning Approach for Autistic CYP: Using Visual Strategies

Dates: -

Wednesday 27th November 2024 at 9.15am - 3.00pm

Or

Wednesday 2nd April 2025 at 9.15am - 3.00pm

Who is this course for:

SENDCos, Teachers and Teaching Assistant pairs.

Fee:

£150 per delegate

Venue:

27th November-Training Room G 1

2nd April- Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Overview of a structured learning approach.
- Using visual strategies as part of structured learning to develop independence.
- Using Task Boxes or similar as part of structured learning.

Course Outcomes:

- Know that structured learning is a core approach for autistic children and young people, included in the BERA (Best Endeavours and Reasonable Adjustments) and on individual EHCPs.
- Develop an understanding of structured learning approaches and supporting visual strategies, and its advantages to increase understanding and reduce anxiety.
- Plan for individual students to support and increase their independence.
- Learn how to access tools and resources to create visual structured strategies.
- Understand how to use and evaluate sample Task Boxes or similar resources to promote independent learning.

This course will be delivered by Kirti Patel LCI Team

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Introduction to Autism: Parent Workshops School Years 1-11 (Delivered in Hindi)

Dates: - (4 Days)

Thursdays: 1st May, 8th May, 15th May and 22nd May 2025

9:30am – 12:30pm

Who is this course for:

Parents and carers

Fee:

Free

Venue:

Belgrave Sure Start. Cossington Street, Leicester. LE4 6JD.

Areas Covered:

- To develop an understanding of Autisms.
- To identify how autism can affect families.
- To have information about what is available for families in Leicester city and beyond.

Course Outcomes:

- Gain a better understanding of autism.
- Provide families with information.
- Signpost to support organisations.
- Gain an understanding of what is meant by Social Communication.
- Provide practical ideas and strategies to support your child.
- Gain a better understanding of Sensory Processing in autism.
- **Explore your child's sensory differences.**
- Provide practical ideas and strategies to support your child.
- an understand of what is meant by emotional regulation.
- Provide practical ideas and strategies to support your child.

This course will be delivered by the LCI Team. (Pravina Parmar)

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Sensory Processing Differences in SEND Pupils

Dates: -

Monday 4th November 2024 – 9.30am - 12.30pm

or

Monday March 10th 2025 – 9.30am -12.30pm

Who is this course for:

SENDCoS, Class teachers, teaching assistants

Fee:

£75 per delegate

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- An overview of what are sensory processing differences.
- Identifying sensory differences and sensitivities using a profile.
- Review of how sensory processing differences affect how children interact with the world around them.
- How sensory processing differences impact on learning, interactions and behaviour.
- Ideas of how to manage sensory differences in a school environment.
- Review of strategies and interventions to support children with sensory processing differences.

Course Outcomes:

Participants will be able to understand how sensory processing differences impact on the social, emotional and academic progress of a child with SEND.

- Participants can use a profile to identify sensory differences and plan support.
- Participants will be more confident to implement strategies in the classroom with children and young people with sensory processing differences.

This course will be delivered by Lucy Elliott, LCI Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Cues Training

Dates:

Wednesdays (8 weeks)

30th April 2025, 7th May 2025, 14th May 2025, 21st May 2025,
4th June 2025, 11th June 2025, 18th June 2025 and 25th
June 2025

Time: 9-12

Attendees must attend all 8 sessions

Who is this course for:

Parents selected by LCI

Cost:

Free to Parents attending

Venue:

Training Room G 4
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

Coping with Uncertainty in Everyday Situations (CUES)

The CUES intervention programme supports parents in gaining confidence in their ability to recognise and manage their child's difficulties with uncertainty through group learning opportunities.

A parent-based programme of intervention based on CBT principles, focusing specifically on intolerance of uncertainty for young people with ASD experiencing anxiety

Course Outcomes:

To help parents develop an understanding of uncertainty and its impact, try out strategies and share opportunities for discussion and support

This course will be delivered by Ollie Walker, LCI team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Autism Education Trust (AET) **Schools: Making Sense of Autism and Practical Supporting Strategies.**

This course will run on:

Wednesday 13 November 2024, 9:00am-
12:30pm

or

Wednesday 23 January 2025, 9:00am-
12:30pm

Who is this course for:

All staff in schools. Targeted to those new in
ASD who have missed whole school training.

Fee:

£75 per delegate

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Will be run via Microsoft Teams if face to face not
possible.

Areas Covered:

- Provide an overview of what is meant by autisms.
- Develop an understanding of how behaviours are impacted by the impaired social communication skills and sensory difficulties.
- Provide practical strategies to meet the needs of students with autisms, including an introduction to specific interventions, e.g. social storiesTM, Circles of Friends, visual systems and strategies.

Course Outcomes:

- Participants will be able to understand how autism impacts on the social, emotional and academic progress of a child with autism.

The course will be delivered by the LCI Team (AET Autism Specialist Teachers).

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Social, Emotional & Mental Health Training

Team Teach – Level 1 Positive Behaviour Management:

6 hour

Dates:

Wednesday 18th September 2024

Wednesday 30th October 2024

Wednesday 15th January 2025

Wednesday 5th March 2025

Wednesday 21st May 2025

9:00am – 3:30pm

Who is this course for: Any member of staff or leadership team working with dysregulated children who wish to learn effective de-escalation skills and ways of working safely with the children.

Fee: £130pp

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Training in Positive Handling Strategies through a whole school holistic approach, ensuring increased understanding and ability to manage difficult and sometimes disturbing behaviour.
- Team Teach aims to reduce risk using de-escalation and diversion, exploring the possible reasons for challenging behaviour.
- Focus on support and safety for both children and staff.
- The course is interactive both in discussions and practice of physical techniques.
- A focus on restorative practice and post incident Support.
- Understanding of what the law says about Restrictive Physical Intervention, recording, reporting, and monitoring.

Course Outcomes:

- Participants will gain a nationally accredited certificate.
- Increased knowledge, understanding and skills around challenging behaviour.
- Participants will gain the ability to utilise safe and basic physical interventions.

This course will be delivered by the SEMH Team.

Please note that by booking onto this course you are also committing to an additional Team Teach annual subscription cost per school (Invoiced separately by Team Teach direct to your school). More details and a copy of the terms and conditions can be obtained at: team.teachenquiries@leicester.gov.uk

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Alternatively, this course can be delivered in your primary school/setting. Please discuss this with your SEMH link teacher or email: - team.teachenquiries@leicester.gov.uk

Nurturing Practices and Understanding the Boxall Profile

Dates:

Wednesday 6th November 2024,
9:15am – 3:15

Who is this course for:

School leadership, SENDCos, staff leading and working in school Nurture Groups (teachers, mentors, and support staff).

Fee:

£150

Venue:

Training Room G 1
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

- Background and history to nurture groups.
- An introduction to Attachment Theory.
- The importance of play.
- Practical nurturing Ideas.
- Risk and resilience factors for children.
- Assessment tools and monitoring for children with social, emotional, and mental health needs.
- Using the Boxall Profile.
- Practical applications for supporting children with social, emotional and mental health needs.

Course Outcomes:

- To understand and use the Boxall Profile as a tool for supporting children with social, emotional and mental health needs (SEMH).
- To gain practical ideas for using with children with SEMH needs.
- To develop an understanding of nurturing practices and nurture group provision within Schools.
- To gain practical ideas for use within a Nurture Group Setting.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Mindfulness: What is it and How Can it be Used in Schools

Dates:

Thursday 12th June 2025,

9:15am – 3:30pm

Who is this course for:

SENDCos, Teachers, Mentors and Support Staff.

Fee:

£150

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Brief introduction to the theory of mindfulness.
- Ways in which mindfulness can be used to support the development of children's social, emotional and mental health (SEMH) skills in school – particularly important in the current uncertain climate.
- How our own mindful practice can influence and guide the SEMH needs for children.

Course Outcomes:

- Basic understanding of the theory of mindfulness.
- Practical strategies which can be used to develop 'mindful' behaviours in children (and ourselves).
- An understanding of mindfulness approaches which can support and improve the SEMH needs of children, young people and the adults who support them.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Challenging our Conscious and Unconscious Bias to Improve the Equity Within Schools for Children and Staff

Dates:

Wednesday 12th March 2025,

9:15am – 3:30pm

Who is this course for:

School leadership team, SENDCos, teachers, mentors and support staff.

Fee:

£150

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Self-identity- the parts that make us who we are.
- What unconscious bias is and how it impacts the way we respond to others.
- Types of discrimination.
- The impact conformity can have on our decision making and opinions.
- How the media can shape our views.
- The impact discrimination and inequity can have on the individual.
- How to challenge and create change for the future.

Course Outcomes:

- Increased awareness of our own biases and strategies we can use to challenge them.
- To create a personalised action plan for your school with the aim of improving the equity for all.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Trauma Informed Practices for Primary Staff

Dates:

Wednesday 9th April 2025,

9:15am – 3:30pm

Who is this course for:

Primary School staff

Fee:

£150

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Introducing trauma: understanding the impact of Adverse Childhood Experiences on children.
- Utilising Cognitive and Neurological theories to develop our understanding of the impact of Adverse Childhood Experiences on learning, emotions and relationships.
- Developing best practices to support children who have experienced trauma within the school community, with a particular focus on practical ways of working.

Course Outcomes:

- Knowledge of theories, approaches and practical skills to effectively support children following traumatic experiences.
- Understanding of specific difficulties which are related to developmental trauma.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Trauma Informed Practices for Secondary staff

Dates:

Wednesday 16th April 2025,

9:15am – 3:30pm

Who is this course for:

Secondary School staff

Fee:

£150

Venue:

Training Room G 1
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

- Introducing trauma: understanding the impact of Adverse Childhood Experiences on children.
- Utilising Cognitive and Neurological theories to develop our understanding of the impact of Adverse Childhood Experiences on learning, emotions and relationships.
- Developing best practices to support children who have experienced trauma within the school community, with a particular focus on practical ways of working.

Course Outcomes:

- Knowledge of theories, approaches and practical skills to effectively support children following traumatic experiences.
- Understanding of specific difficulties which are related to developmental trauma.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Understanding and managing anxiety

Dates:

Wednesday 26th March 2025,

9:15am – 12:30pm

Who is this course for:

SENDCoS, teachers, mentors and support staff.

Fee:

£75

Venue:

Training Room G 1
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

- Anxiety as one of the most common mental health problems to affect children and young people, particularly in the current climate of uncertainty.
- How to recognise anxiety.
- Practical tools, strategies and resources to support cognitive behaviour therapy (CBT) approaches with anxious children.

Course Outcomes:

- To develop an understanding of cognitive behavioural anxiety approaches.
- To gain practical activities and strategies to support the use of cognitive behavioural approaches with anxious pupils.
- To have the skills to support pupils recognise anxiety driven behaviours.
- To develop strategies and approaches to manage anxiety.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Therapeutic Play Approaches

Dates:

Tuesday 13th May 2025,

9:15am – 3:15pm

Who is this course for:

SENDCos, mentors and support staff.

Fee:

£150

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- The definition of and developmental stages of play.
- The therapeutic benefits of play.
- The theory & neuroscience behind therapeutic play approaches.
- Our role in play.
- Opportunities to explore resources and learn through play.
- Ideas for a play tool-kit.

Course Outcomes:

- To increase knowledge and understanding of theories related to play and the neuroscience that unpins therapeutic play-based Practices.
- To develop an understanding of the transformative benefits of play & the fundamental rights of a child to play.
- To understand the main developmental/transformational stages of play (& what may have hindered this process).
- To explore the therapeutic toolkit & consider our role in enhancing the therapeutic value of play.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Restorative Approaches in Schools

Dates: - (Three Days)

Wednesday 9th October 2024

Wednesday 20th November 2024

Wednesday 22nd January 2025

9:00am – 4:00pm

Who is this course for:

SENDCos, Teachers, Mentors and Support Staff.

Fee:

£660 for 3 people (3rd delegate place is free)
otherwise £330 per person.

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- What is conflict and how does it affect us? Can it ever be good?
- What are the 4 main ways of resolving conflict and how effective are these?
- Why Restorative Practices? What are the benefits?
- Using practical, mediator skills under the restorative model to solve challenge situations.
- Using the restorative model to hold a mediating conference between 2 or more parties.
- How we can apply this to the wider school setting and develop a restorative school.

Course Outcomes:

- To understand the needs of individuals who are harmed and require support.
- See the effects of harm from different perspectives and the effectiveness of Restorative Approaches as a primary response to conflict.
- Be confident in applying the restorative model to help restore relationships for all people within our school communities.
- Use specific techniques in restorative mediation, when helping people recover from harm.
- Use the wider principles of Restorative Approaches to foster a whole-school Restorative Approach.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Do You Feel What I Feel? How to Emotionally Contain and Regulate Ourselves and Others

Dates:

Tuesday 11th March 2025,

9:15am – 3:15pm

Who is this course for:

SENDCos, Teachers Mentors and Support Staff.

Fee:

£150

Venue:

Training Room G 1
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

- The differences between self-, co- and social-regulation and dysregulation and how they manifest.
- How we can use co- and social-regulation to help children to learn to tolerate sensations, situations and distress whilst forming appropriate responses.
- Developmental stages of self- and co-regulation and their role in understanding and managing behaviours, reactions to feelings and the things happening in the world around you.
- Why the developmental process may have been hindered. (including neuroscience).
- Practical ideas for resources (i.e. sensory breaks, regulatory toolkits, supportive scripts, steps to take to build self-regulatory capacity in others).

Course Outcomes:

- To reflect on our own self-regulatory capacity and how this impacts on those around us.
- To understand that when others become dysregulated and cannot regulate their own emotions, we can contain them through co-regulation and development of self; in doing this we can help them to learn to tolerate sensations, situations and distress whilst forming appropriate responses and over time develop their capacity for self-regulation.
- To consider the developmental stages of co- and self-regulation and their role in understanding and managing behaviours, reactions to feelings and the things happening in the world around us, and to consider why this process might be hindered.
- To explore resources and develop ideas for co/self-regulation (i.e. sensory breaks, regulatory toolkits, supportive scripts, steps to take to build self-regulatory capacity in others).

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Attachment Friendly Approaches to Whole School SUCCESS

Dates: - (Full day)

Monday 20th January 2025

9:15am – 4.00pm

Who is this course for:

Staff who have just taken on working with children with attachment needs.

Fee:

£150

Venue:

Training Room G 4

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Attachment theory.
- Impact of attachment issues.
- Developmental trauma.
- Effective interventions for individuals. Whole school arrangements to lead to an 'attachment friendly school'.

Course Outcomes:

- Enhanced understanding of attachment theory.
- Greater understanding of children's difficulties who have attachment issues and developmental trauma.
- Participants will have new practical strategies for individuals.
- Participants will have ideas for whole school development.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Working with Children with Social, Emotional and Mental Health Needs in Your Class

Dates: -

Primary – Tuesday 29th October 2024

Secondary – Friday 25th October 2024

9:00am-4:00pm

Who is this course for:

Early career teachers, teachers wanting to know more about working with SEMH pupils

Fee:

£150

This course was postponed from the 2021/22 Wellbeing for Education offer of 2 free places for schools on selected SEMH courses. If you have not used these free places, they can be redeemed against this course.

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- The causes of children's behaviour including social emotional development and some complex needs.
- The effect of classroom management techniques including managing behaviour and building relationships.
- The impact of teacher language on children and their behaviour.

Course Outcomes:

- To be able to understand and identify some of the causes of children's behaviour and social and emotional development in the classroom.
- To be able to understand the effect of rewards and consequences on children and use differentiated strategies to help build relationships and manage behaviour.
- To be able to plan and use positive scripted language in the classroom.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Establishing Group Interventions to Build Wellbeing and Resilience

Date:

Wednesday, 25th September 2024,

9:15am – 3:30pm

Who is this course for:

Mentors, support staff, HLTA, Family support workers.

Fee:

£150

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Developing Group work to support children and young people who are experiencing difficulties in Social Emotional and Mental Health. Participants will have opportunity to experience a range of topics:
- Anxiety.
- Building Self-esteem and Resilience.
- Cooperation and team building.
- Using assessment tools to identify children's needs when setting up targeted group activities and measuring their impact.

Course Outcomes:

- To develop practical activities/lessons that will support participants to run group work developing mental health and wellbeing in their school setting.
- To recognise the importance of group dynamics when setting up groups.
- To understand the importance of our emotional wellbeing and how this can impact. The course will providing opportunities to reflect on our own wellbeing.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Developing Wellbeing Through Cognitive Behavioural Approaches

Dates:

Monday 10th February 2025,

9:15am – 3:30pm

Who is this course for:

SENDCoS, teachers, mentors and support staff.

Fee:

£150

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Theoretical approaches to cognitive behaviour therapy (CBT).
- Knowledge of CBT based activities.
- Use of CBT approaches to support children.

Course Outcomes:

- Understanding and knowledge of CBT theory.
- Awareness of a range of approaches and activities based on CBT which can support children.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Introduction to Social Media and the Impact on Identity and Self-Esteem

Dates:

Thursday 27 February 2025 9:00am – 4.00pm

Who is this course for:

School leadership team, SENDCos, Teachers, Mentors and Support Staff.

Fee:

£150

Venue:

New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

- Types of social media used by children and young people.
- The positive and negative impact social media can have.
- Strategies school can use to teach media safety to children, young people and their families.

Course Outcomes:

- To recognise how and why children and young people use social media.
- To recognise the impact social media can have on children and young people and how that can affect their mental health.
- How to recognise the signs of unhealthy social media use.
- How to support children, young people and their families in using social media safely.

This course will be delivered by the SEMH Team.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

Early Years Support Team

Supporting Children's Emotional Well-being in the Early Years

Date: - (Half day)

Tuesday 5th November 2024,
9:30am – 12:30pm

Who is this course for:

Early years teachers and teaching assistants

Cost: £75

Venue:

Training G1
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

- This course supports teachers and early years practitioners to develop a range of tools and techniques to support children to recognise and regulate their emotions, manage their anxiety and build resilience.
- Strategies will be shared that practitioners can use in everyday practice to help children to relax and find their own inner calm.

Course Outcomes:

Participants will:

- be aware of the 1,001 critical days and the impact of interaction and experience on early brain development
- consider factors that influence a child's mental health
- learn strategies and techniques to support children's emotional well-being and resilience
- reflect on and review their own practice and identify areas for development.

This course will be delivered by the Leicester Early Years Support Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Fun Time

Date: – (Half day)

Wednesday 6th November 2024,

1:00 – 4:00pm

Who is this course for:

Early Years teachers and teaching assistants.

Cost: £75

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

This enhanced level course develops practitioners' knowledge of promoting children's social communication skills through the Fun Time approach and enables them to plan and deliver effective Fun Time sessions within their own setting. The course involves participating in a variety of Fun Time activities and songs.

Fun Time is part of a continuum of provision to develop children's social communication skills, along with Play Interaction and Circle Time.

Play Interaction (1 child initially) - Fun Time (small group) - Circle Time (larger group).

Course Outcomes:

Participants will:

- be able to identify the key elements of the Fun Time programme.
- be able to deliver effective Fun Time sessions.
- learn strategies and games to promote children's social communication skills.
- be able to assess and monitor children's social communication development.
- reflect on and review their practice and identify areas for development.

This course will be delivered by the Early Years Support Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Early Years Good Autism Practice and Using the Progression Framework Autism Education Trust (AET)

Dates: - (2 full days)

Thursday 7th & 14th November 2024,

9:30am – 3:30pm

Who is this course for:

Early years teachers and teaching assistants.

Cost: £300

Venue:

Training Room G 4

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- This course provides an overview of what autism is, describing the 'four Areas of difference'.
- It provides strategies and activities to help practitioners to develop their practice when supporting a child with autism.
- It introduces the progression framework, an interactive assessment tool for children with autism.

Course Outcomes:

Participants will:

- gain knowledge and understand about the four areas of developmental difference experienced by children with autism.
- be able to recognise the strengths and needs of individual children with autism.
- understand the importance of building positive relationships with and around the child.
- understand how to adapt the curriculum to meet the needs of the Individual.
- understand how to make the environment more accessible to children with autism.
- develop practical strategies and techniques in promoting effective teaching and learning.
- be familiar with the progression framework and be able to use it to measure progress and identify learning priorities for children.

This course will be delivered by the Early Years Support Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Get Going with Communication

Dates: – (2 full days)

Wednesday 20th November &
Wednesday 27th November 2024,
9:30am – 3:30pm

Who is this course for:

Early Years teachers and teaching assistants.

Cost: £300

Venue:

Day 1 Meeting room 1.2
Day 2 Training Room G 3
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

This universal level course develops practitioners' knowledge and understanding of how children's communication and language skills develop and why language is an essential life skill. It provides practical ideas to enable practitioners to promote the language skills of all children and to support children who have speech, language and communication needs (SLCN).

Course Outcomes:

Participants will:

- be familiar with different models of communication and understand the processes involved in communicating.
- revisit typical development of speech, language and communication skills.
- be aware of a range of speech, language and communication needs (SLCN).
- recognise the importance of attachment and positive relationships in promoting children's development.
- learn and practise strategies to develop children's language.
- reflect on and review their own practice and identify areas for development.

This course will be delivered by the Early Years Support Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Understanding and Supporting Young Children who have Social, Emotional and Mental Health Needs

Date: - (Full Day)

Wednesday 4th December 2024,

9:30am – 3:30pm

Who is this course for:

Early years teachers and teaching assistants

Cost: £150

Venue:

Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- This course develops practitioners' understanding of what is meant by challenging behaviour and considers factors that can have an impact on early development.
- It considers a number of models that have been developed as a means to understanding, supporting and managing challenging behaviours.

Course Outcomes:

Participants will:

- acquire knowledge of the attachment process and understand how early trauma can have an impact on this.
- consider several different behaviour models and explore how these can be helpful in understanding behaviour and developing strategies to manage it.
- know how to write and implement a Positive Behaviour Plan.
- reflect on and review their own practice and identify areas for development.

This course will be delivered by the Early Years Support Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Fun Time for Children who have Speech, Language and Communication Needs

Date: - (Half Day)

Wednesday 15th January 2025,

1:00 – 4:00pm

Who is this course for:

Early Years teachers and teaching assistants.

Cost: £75

Venue:

Training Room G 4

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

This enhanced level course includes a brief recap of the Fun Time intervention, then focuses on adapting Fun Time specifically for children who have speech, language and communication needs (SLCN). It enables practitioners to plan and deliver effective Fun Time sessions within their own setting with a focus on developing children's listening and attention skills, understanding, vocabulary and expressive language skills. The course involves participating in a variety of Fun Time activities and songs.

Fun Time is part of a continuum of provision to develop children's social communication skills, along with Play Interaction and Circle Time.

Play Interaction (1 child initially) - Fun Time (small group) - Circle Time (larger group).

Course Outcomes:

Participants will:

- recall the key elements of the Fun Time programme and the Communication Mountain model.
- be able to plan and deliver effective Fun Time sessions for children who have SLCN.
- learn strategies and adapt games to promote children's listening and attention skills, understanding, vocabulary and expressive language skills.
- be able to assess and monitor children's language development.
- reflect on and review their practice and identify areas for development.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Supporting Language through Stories

Dates: - (Half Day)
Wednesday 5th March 2025,
1:00pm – 3:30pm

Who is this course for:

Early years teachers and teaching assistants.

Cost: £75

Venue:

Training Room G 4
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN

Areas Covered:

- This course focuses on developing children's speech, language and communication skills through sharing and retelling familiar stories.

Course Outcomes:

Participants will:

- revisit the processes involved in being an effective communicator
- consider the rich potential for using stories to develop children's listening, attention and understanding skills, vocabulary and expressive language.
- learn strategies to develop good listening and attention, understanding, vocabulary and expressive language skills.
- be introduced to a structured approach to developing oral narrative (storytelling skills).
- consider how to adapt story-based activities to respond to a range of speech, language and communication needs (SLCN).
- reflect on and review their own practice and identify areas for development.

This course will be delivered by the Leicester Early Years Support Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

An Introduction to Down's Syndrome in the Early Years

Date: - (Full Day)

Wednesday 14th May 2025,

9:30am – 3:30pm

Who is this course for:

Early years teachers and teaching assistants

Cost: £150

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- This course develops practitioners' knowledge of the strengths and needs of children who have Down syndrome and provides strategies to support effective learning.

Course Outcomes:

Participants will:

- gain an overview of Down syndrome.
- understand that there is a specific profile of strengths and difficulties inherent in Down syndrome.
- learn strategies to support children with Down syndrome.
- reflect on and review their practice and identify areas for development.

This course will be delivered by the Early Years Support Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Developing Play in the Early Years Autism Education Trust (AET)

Dates – (Half day)

Wednesday 12th February 2025

9.30am – 4:00pm

Who is this course for:

Early years teachers and teaching assistants

Cost: £75

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- In this course you will consider the importance of play skills in the early years and develop understanding of how autism can impact upon a child's play development
- Strategies will be considered that can be used to support autistic children with their play development

Course Outcomes:

Participants will:

- understand that autism is a difference, not a deficit
- understand how the three areas of difference in autism may impact on the development of play skills
- understand the importance of all adults working together to support the child to develop play skills
- develop knowledge of how to support autistic children to develop play skills
- create a plan to ensure progress in play skills

This course will be delivered by the Leicester Early Years Support Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Developing Toileting in the Early Years Autism Education Trust (AET)

Dates: - (Half Day)

Tuesday 6th May 2025,

9.30am – 12.30pm

Who is this course for:

Early years teachers and teaching assistants

Cost: £75

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Early Years practitioners may find that supporting an autistic child with developing toileting requires an adapted approach. This module is intended to develop an understanding of why this may be in relation to the three areas of difference in autism and therefore how autistic children can be more effectively supported in the setting.
- The course will consider the development of toileting and develop understanding of how autism can impact on a child's toileting
- Strategies will be considered that can be used to support autistic children with their toileting development.

Course Outcomes:

Participants will:

- understand the stages that children may go through to achieve more independent toileting
- understand that autism is a difference and not a deficit and that the three areas of difference in autism may impact on how an autistic child develops their toileting
- understand why it is important to work together with a child's parents and carers to support toileting development
- understand the importance of a child-centred approach in agreeing how to most effectively support an autistic child to develop toileting
- understand the importance of adapting the environment and practice in the setting and at home to support an autistic child with toileting

This course will be delivered by the Leicester Early Years Support Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Hearing Support

Hearing Loss and Managing Audiological equipment

Dates: -

Wednesday 25th September 2024 8.45 am – 3.30pm

or

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

To arrange a bespoke session, please contact sends-service@leicester.gov.uk

Fee:

£80

Venue:

25th September Training Room G 4

10th October Training Room G 1

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- Understanding different types of hearing loss.
- Implications of hearing loss on language, learning and communication.
- Understanding different types of audiological equipment.
- Managing equipment – ‘hands on workshops’.
- Deaf awareness strategies and how to support inclusion in the classroom

Course Outcomes:

- A better understanding of different types of hearing loss and equipment and how it affects the child you support.
- A better understanding of hearing impairment and its implications in the classroom
- A greater knowledge of how to troubleshoot problems with audiological equipment.

This course will be delivered by the Hearing Support Team.

An Introduction to Sign Language

Date: Thursday 7th November 2024,

9.30 am – 12:30 pm

Or can be arranged as a whole school session – price on application.

To book your place, register at <https://send-leicester.bookinglive.com/sendeedep-courses>

To arrange a bespoke session, please contact sends-service@leicester.gov.uk

Fee:

£35 pp

Venue:

Training Room G 3

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN

Areas Covered:

- An explanation of the difference/similarities between British Sign Language, Sign Supported English and Makaton.
- To learn some basic signs for practical use in the classroom.

Course Outcomes:

- To have a basic knowledge of everyday signs.
- An increased confidence in using sign language to support CYP in the classroom.

This course will be delivered by the Hearing Support Team.

Understanding Hearing Loss in the Early Years

Dates:

To be arranged

9.30am – 12.30 pm

Please contact Paula Holloway –

paula.holloway@leicester.gov.uk

for more information if interested

Who is this course for:

Staff in Pre-school settings

Cost:

£35 Per person

Venue:

Face to face (venue to be confirmed).

Areas Covered: -

- Understanding hearing loss and different audiological equipment.
- Understanding individual child's hearing loss and needs.
- Implications of hearing loss on language, learning and communication
- Managing equipment – 'hands on workshops'.
- Practical advice on classroom support strategies and deaf awareness approaches.

Course Outcomes: -

- An understanding of different types of hearing loss and how this affects the child you support.
- A better understanding of hearing impairment and its implications in the setting.
- A greater knowledge of how to troubleshoot problems with audiological equipment.
- Practical Strategies for inclusion.

This course will be delivered by the Hearing Support Team..

Please contact Paula Holloway paula.Holloway@leicester.gov.uk for more information if interested

How to Reduce Cognitive Overload in Deaf Students? (What helps deaf students learn?)

Dates:

To be arranged
9.30am – 12.30 pm

Please contact Paula Holloway –
paula.holloway@leicester.gov.uk
for more information if interested

Who is this course for:

All staff working with deaf students and/or
who are interested in inclusion in education

Cost:

£80 per person

Venue:

Face to face (venue to be confirmed).

- Areas Covered:
- Understanding different types of hearing loss and needs
- Implications of hearing loss on language, learning and communication
- What is cognitive overload and examples
- What strategies /actions can reduce cognitive overload
- How to implement these

Course Outcomes:

- A better understanding of how hearing loss impacts on students' ability to learn
- A better understanding of what cognitive overload is
- Practical strategies to support deaf students' learning and inclusion

This course will be delivered by the Hearing Support Team and Diana Harbor, Specialist Speech Therapist.

Please contact Paula Holloway paula.Holloway@leicester.gov.uk for more information if interested

Vision Support

Effective Inclusion of a Child or Young Person with a Vision Impairment in Mainstream Settings

Date:

Wednesday 9th October 2024 - 10am to 3pm

Who is this course for:

Primary and secondary mainstream teachers, TAs, SENDCos.

Cost: £60 per person

Venue:

Training Room G 4
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN



Areas Covered:

- Understanding the definition of vision impairment.
- Understanding the impact of vision impairment on primary and secondary age children and young people.
- Practical advice on classroom support strategies including technology.
- The principle of adapting and modifying resources.
- Preparing for exams.
- Social and emotional inclusion for children and young people with a vision impairment.

Course Outcomes:

- An understanding of different types of vision loss and how this affects the child you support.
- A better understanding of visual impairment and its implications in the classroom.
- Practical strategies for inclusion including technology.
- Advice on how to modify and adapt resources.
- Support in preparing for Key Stage 4 exams and assessments.
- Strategies and teaching approaches for developing social inclusion.

This course will be delivered by the Vision Support Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Making PE Lessons and Sports Accessible for a Child or Young Person with a Vision Impairment.

Date:

Thursday 7th November 2024 - 1pm to 3:30pm.

Who is this course for:

All teachers, TAs, SENDCOs in mainstream settings.

Cost: £30 per person.

Venue:

Training Room G 4
New Parks House
Pindar Road, New parks
Leicester. LE3 9RN



Areas Covered:

- Understanding the impact of vision impairment on a child or young person's ability to access sports and the PE curriculum.
- Awareness of different sports and team games that are accessible for a child/young person with a vision impairment.
- How to use the S.T.E.P. principle to make PE fully accessible and inclusive for a child/young person with a vision impairment, with examples including:
 - Warm-Ups.
 - Net and Wall Games.
 - Striking and Fielding Skills.
 - Invasion Games.
- Explore modified PE equipment.
- Signposting to organisations providing accessible sporting opportunities for children and young people.

Course Outcomes:

- Understand how vision impairment can impact on a child or young person's ability to access sports and the PE curriculum.
- Increased knowledge of different sports and team games that are accessible for a child/young person with a vision impairment.
- Know how to appropriately plan and differentiate a PE lesson for a child/young person with a vision impairment.
- Know what modified PE equipment is available and where this can be purchased.
- Better understanding of organisations providing accessible sporting opportunities for children and young people.

This course will be delivered by the Vision Support Team.

To book your place, register at:

[Hearing and Vision Support » Leicester City Council - SEND \(bookinglive.com\)](https://www.bookinglive.com)

Practical Strategies for Supporting Habilitation Skills for a Child or Young Person with a Vision Impairment

Date: 1pm to 3:30pm

Thursday 28th November 2024

or

Thursday 10th April 2025

Who is this course for:

All teachers, TAs, SENDCOs in mainstream and specialist settings.

Cost: £30 per person

Venue:

Training Room G 4

New Parks House

Pindar Road, New parks

Leicester. LE3 9RN



Areas Covered:

- Understanding 'What is habilitation?'
- Understanding the impact of vision impairment on a child or young person's ability to navigate their environment and carry out independent living tasks.
- Practical advice on a range of habilitation skills:
 - Sighted guide
 - Familiarisation
 - Food preparation and eating
 - Dressing
 - Money (including coin and note identification)
 - Use of technology

Course Outcomes:

- To understand what habilitation is.
- To understand the impact of vision impairment on everyday tasks.
- To learn practical strategies to support mobility, orientation and independent living skills including: sighted guide technique, familiarisation around school, food preparation and eating, dressing and organising what to wear, dressing, money skills and using apps and other technology.

This course will be delivered by the Vision Support Team Habilitation Specialists.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

Quality Inclusion Team

Completing high needs funding requests (Element 3)

Date: - (1 hour: 3.30pm – 4.30pm)

Wednesday 9th October 2024

Wednesday 13th November 2024

Wednesday 12th February 2025

Wednesday 30th April 2025

Who is this course for:

SENCOS, Bursars & Senior Leadership who require support applying for high needs funding.

Fee:

Free

Venue:

Online Via Microsoft Teams

Areas Covered:

- This course aims to provide participants with an understanding of the funding process and how to gather evidence, apply using the online portal and attend a funding panel.

Course Outcomes:

Participants will:

- be introduced to the funding application process including the graduated response and Element 2.
- explore how to supply evidence and what types of evidence are beneficial when making an application.
- investigate how to evidence the graduated approach and have a clear golden thread.
- be introduced to SMART outcomes, linked to the Child or Young person's needs and provision.
- be able to create a timetable that reflects the needs and provision of the child or young person, including how to link it to the outcomes and costings included in the application.
- understand the panel process, how panel come to a decision, the difficulties they experience when forms lack clarity and the benefits of attending a panel as an observer or participant.
- feel confident about applying for high needs funding and the process involved.

This course will be delivered by the Quality Inclusion Team.

To book your place, register at

<https://send-leicester.bookinglive.com/sendeedep-courses>

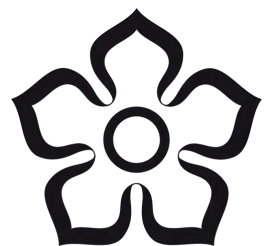
City Psychology Service

City Psychology Service

Training
Offer



2024 - 2025



Leicester
City Council



ABOUT US

Educational Psychologists (EPs) work with children and young people from 0 to 25. We work in early years' settings, schools, colleges, community settings and family homes. EPs have training in child development and psychology and work in partnership with parents/carers, setting/school staff, and other professionals to support the development, learning and emotional well-being of children and young people.



Our service is a multi-professional team which consists of Educational Psychologists, Assistant Psychologists, Social Worker/Mental Health Manager and Bilingual Support Assistant(s). All of our Educational Psychologists are Health and Care Professions Council (HCPC) registered.

We offer a broad range of training to local authority and charity managed children's centres, nurseries, early years settings, schools and colleges, local community organisations, parent support groups, local authority services and partner agencies and others. All training is provided on a traded basis and more details about the courses provided by the service in partnership with other services can be accessed online in the SEND training brochure which is available from:

send-leicester.bookinglive.com/send-courses



Leicester
City Council

CITY PSYCHOLOGY SERVICE OFFER

Core Days for Early Intervention

All schools within the city of Leicester are allocated core days at the start of the academic year. This is in addition to statutory work. These allocations are available in the City Psychology Service handbook along with the named link Educational Psychologist (EP).

Early intervention time can be used for staff and parent workshops, consultative and systemic work, and individual casework.

Service Level Agreement (SLA)

Service Level Agreements (SLAs) enable additional days to be purchased from the City Psychology Service. SLAs are in addition to both early intervention and statutory EP services.

Statutory EP Services

Statutory educational psychology services are funded by Leicester City Council.

The service is responsible for providing psychological advice as part of a statutory Education, Health, and Care assessment under the 2014 Children and Families Act where this has been agreed by the local authority.

Commissioned EP time

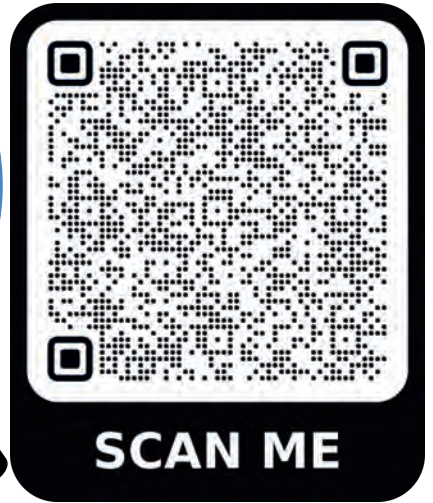
EP time can be commissioned to support school training and development needs. Additional commissioned EP time can be provided on a traded basis per hour, half-day or full-day.

More information can be provided through your link EP.



Leicester
City Council

To book onto
training and
further
information



01 CENTRALISED TRAINING

Core training, based on city priorities, is delivered on planned dates throughout the year at New Parks House unless stated otherwise. Individual places can be booked.

Courses will run with a minimum of eight attendees.

02 STAFF WORKSHOPS

Staff workshops aim to support school or college development needs. These workshops are designed to be delivered in your school and can be arranged during the school day or as a twilight session for any sized group. These workshops can be purchased at an hourly rate, commissioned through link EP time or through service level agreements (SLA). The hourly rate for spot purchase is £150.

These workshops are an introduction to the topic of psychology described, typically delivered over a one-hour period. For a more in-depth exploration, they can be arranged as a half day training (3 hours) for an additional cost.

Workshop costs and times can be negotiated subject to availability. Please speak with your link EP in the first instance.

03 PARENT WORKSHOPS

Parent workshops aim to support and upskill parents, helping them to understand their children and promote links with school and community. These workshops are designed to be delivered in your school so that they are accessible for your parent community.

Workshop costs and times can be negotiated subject to availability. Please speak with your link EP in the first instance.

01 CENTRALISED TRAINING OVERVIEW

Courses Available

Wellbeing and mental health

1. The Emotional Literacy Support Assistant (ELSA) Programme
2. Adverse childhood experiences and trauma (ACES)
3. Understanding Emotionally Based School Avoidance (EBSA)
4. Emotion Coaching
5. Emotional Literacy Support Assistant (ELSA) Supervision

Psychology of learning

1. Executive functioning and cognitive load
2. Precision Teaching: an evidence-based intervention strategy for literacy and numeracy

Communication and interaction

1. Neurodiversity affirming classrooms
2. Understanding behaviour: what has language got to do with it?

Key:

Specialist school



Mainstream school



Key stage



Teachers



Support staff



Senior leadership



For all



01 CENTRALISED TRAINING

Wellbeing and mental health

ELSA (EMOTIONAL LITERACY SUPPORT ASSISTANT)

The ELSA (emotional literacy support assistant) programme provides a comprehensive training course for teaching assistants and pastoral staff, developing skills to understand and respond to emotional and social needs in children and young people. Over six days, participants learn the skills to work as an ELSA, delivering individual and group interventions with children and young people. Ongoing supervision is required to maintain ELSA status.

Course outcomes:

- Participants will develop their understanding of emotional literacy and how to support the development of emotional literacy skills
- Participants will learn how to support children and young people with a variety of needs including: mild-moderate anxiety and low mood, social skills, emotional regulation, bereavement and low self-esteem.
- Participants will learn therapeutic and relational skills in order to build supportive relationships and run their own sessions.
- Participants will learn how to manage appropriate referrals, and plan and evaluate interventions.



Duration:
6 days

Dates:

Day 1: 31 Oct 2024
Day 2: 21 Nov 2024
Day 3: 12 Dec 2024
Day 4: 16 Jan 2025
Day 5: 6 Feb 2025
Day 6: 6 Mar 2025

Venue:

BPS, St Andrews House, 48 Princess Rd E, Leicester LE1 7DR

Cost:

£600 for 6 sessions

Wellbeing and mental health

ADVERSE CHILDHOOD EXPERIENCE (ACES), TRAUMA AND ATTACHMENT

Adverse childhood experiences have a significant impact upon a child's ability to learn and build relationships. This course looks at how staff in schools can promote a sense of safety, resilience and secure relationships in the children they work with.

Course outcomes:

- Participants will understand relevant psychological theories and research evidence about the impact of trauma and adversity.
- Participants will reflect on their experiences of working with children who have experience of adversity.
- Participants will learn relational and environmental strategies to support children who have experienced adversity.



Duration:
3 hours

Dates:
7 May 2025

Venue:
New Parks House

Cost: £85

01 CENTRALISED TRAINING

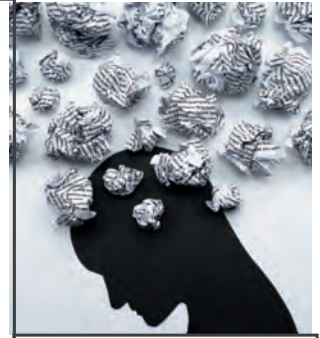
Wellbeing and
mental health

UNDERSTANDING EMOTIONALLY BASED SCHOOL AVOIDANCE (EBSA)

This training looks to explore emotionally based school avoidance (EBSA). EBSA is not a deliberate act of defiance, but instead a complex issue inextricably linked with mental health and wellbeing. The training aims to develop understanding of the “push” factors that might make a child struggle to attend school, the “pull” factors that might help a child to be happy and to attend school, and what we can do to help.

Course Outcomes:

- Participants will develop an understanding of EBSA and good practice in this area based on relevant research
- Participants will learn to identify children and young people at risk of EBSA.
- Participants will be supported to formulate the main ‘push’ and ‘pull’ factors for a “live” school case
- Participants will learn strategies to use at a whole school and individual student level.



Duration:
2 x 3 hours

Dates:
5 June and 19 June
2025
9.30am-12.30pm

Venue:
New Parks House

Cost: £165

Wellbeing and
mental health

EMOTION COACHING

Emotion Coaching is a relational approach, which helps children and young people to understand the emotions they experience, why they occur and how to handle them. The course covers the theory and practical applications of emotion coaching. Emotion coaching can support the development of positive relationships and academic attainment through consistent and helpful responses to difficult behaviours and feeling.

Course Outcomes:

- Participants will acquire an understanding of the theoretical and physiological basis for Emotion Coaching
- Participants will develop an understanding of emotion styles relevant to emotion coaching
- Participants will also develop an understanding of techniques involved in emotion coaching.



Duration:
3 hours

Dates:
6 November 2024

Venue:
New Parks House

Cost: £85

01 CENTRALISED TRAINING

Wellbeing and
mental health

EMOTIONAL LITERACY SUPPORT ASSISTANT (ELSA) SUPERVISION

In order to practice as an Emotional Literacy Support Assistant (ELSA), ELSAs **must attend group supervision every half term.**

Supervision sessions typically last around two hours, include up to eight ELSAs and are facilitated by an educational psychologist.

Sessions aim to support ELSAs in their work, enable networking and peer support and to provide ongoing development of knowledge and skills.

The content of each session is responsive to the needs of the group and will include a combination of case discussion and problem solving, sharing of resources and materials, and updates and input by the educational psychologist or ELSA supervisees themselves.

Course Outcomes:

- ELSAs will be able to continue to use the ELSA title in their role in school, will benefit from professional and peer support in their work and gain opportunities to develop their professional knowledge and skills.

This course will be delivered by the City Psychology Service.



Duration:
2 hours

Dates:
To be arranged with supervision groups

Venue:
New Parks House

Cost: £300 for six sessions per year



01 CENTRALISED TRAINING

Psychology of learning

EXECUTIVE FUNCTIONING & COGNITIVE LOAD

Executive functions are the 'air traffic control' of the brain, keeping everything organised and running smoothly. When this goes wrong, children can be disorganised, struggle to structure thinking, understand and retain learning and manage their emotions. This course looks at different aspects of executive functioning and how to promote and accommodate skills in the classroom.

Course Outcomes:

- Participants will learn what executive functioning means and the variety of skills which fall under this category.
- Participants will learn to recognise children they work with who may need support with executive functioning.
- Participants will learn strategies to encourage the development of executive functioning and to accommodate differences in the classroom.



Duration:
3 hours

Dates:
2 April 2025

Venue:
New Parks House

Cost: £85

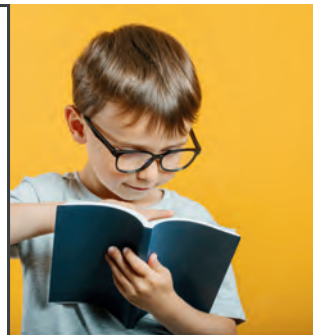
Psychology of learning

PRECISION TEACHING

Precision teaching is a highly effective and evidence-based intervention strategy for literacy and numeracy. This course covers practical instruction on how to run a precision teaching programme and strategies to generalise learning to the classroom. A follow up session can be arranged to embed practice.

Course Outcomes:

- Participants will understand how to plan, deliver and monitor precision teaching programmes for literacy (reading or spelling) and numeracy.
- Participants will have the opportunity to discuss how to apply precision teaching to other areas of learning.



Duration:
2 x 1.5 hours

Dates:
30 October 2024
and
13 November 2024

Venue:
New Parks House

Cost: £85

01 CENTRALISED TRAINING

Communication
and interaction

NEURODIVERSITY AFFIRMING CLASSROOMS

Classrooms are full of neurodiverse learners with varying strengths and differences. The neurodiversity paradigm acknowledges and celebrates these differences, while recognising the associated challenges. This training will explore the experiences of neurodivergent learners and how best to support them in the classroom in order to provide an inclusive and positive experience for all.

Course Outcomes:

- Participants will understand what neurodivergence means and how neurodivergent children may be impacted in the classroom
- Participants will learn how to create a neurodivergence-friendly classroom
- Participants will learn strategies to support neurodivergent learners



Duration:
3 hours

Dates:
9 October 2024

Venue:
New Parks House

Cost: £85

Communication
and interaction

BEHAVIOUR. WHAT HAS LANGUAGE GOT TO DO WITH IT?

Many children who display “challenging” behaviour have underlying language difficulties. This training explores research focusing on social, emotional and mental health, and language and communication needs. Practical approaches to support children’s language and behaviour will be discussed.

Course Outcomes:

- Participants will understand the links between behaviour and SLCN.
- Participants will have knowledge of approaches and strategies to support children with social, emotional and communication needs.



Duration:
3 hours

Dates:
30 April 2025

Venue:
New Parks House

Cost: £85

02 STAFF WORKSHOPS OVERVIEW

Courses Available

Wellbeing and mental health

1. Wellbeing and the teenage brain
2. Supporting relationships with children who have SEMH needs
3. The impact of the pandemic
4. Loss, separation and bereavement
5. Understanding and responding to self-harm

Communication and interaction

1. Understanding behaviour: what has language got to do with it
2. Meeting the needs of children who are reluctant talkers
3. Intensive interaction for autistic children
4. Understanding sensory needs
5. Comic strip conversations

Key:

Specialist school



Mainstream school



Key stage



Teachers



Support staff



Senior leadership



For all



Courses Available

Psychology of learning

1. Precision Teaching

Whole school approaches


1. Whole school mental health approaches
2. An introduction to SEN
3. Supporting school leaders
4. Staff mental health and wellbeing

Working with small inclusion groups

1. Using Solution Circles to support staff working with complex needs
2. Preventing staff burnout when working with complex needs

*All workshops can be **adapted** for the intended audience and to meet the developmental needs of the setting.*

***Bespoke training** can be arranged with your link EP if your school has a training need which is not currently being met.*



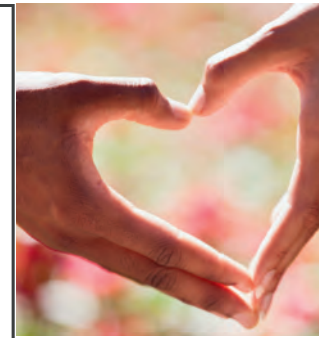
WELLBEING AND THE TEENAGE BRAIN

The teenage brain is a work in progress. Young people are dealing with many changes to their brains and bodies that are not yet fully developed. These changes can impact what they do (behaviours) and how they feel (emotions). These changes can also impact how we, as adults, interact with teenagers, read their behaviours, and understand their emotions. This workshop looks to develop practitioner's understanding of adolescence as a transitional stage and the changes that may occur. It also aims to explore how staff can support teenager's wellbeing as they navigate through school.



SUPPORTING RELATIONSHIPS WITH CHILDREN WHO HAVE SEMH NEEDS

Positive staff/student relationships are important to ALL students but, for young people with SEMH needs, they are crucial to their wellbeing and inclusion. However, developing and maintaining these relationships, can be very challenging for the staff involved. This session introduces attendees to the psychology underlying relationships where SEMH needs are present and explores ways that staff can support both themselves, and their students, from their initial connection and development, through to their repair when difficulties occur.



THE IMPACT OF THE PANDEMIC

The COVID-19 pandemic has cast a long shadow and we are still grappling with the ongoing impact on children and young people's wellbeing and development. This training aims to explore the specific developmental experiences and stages of children in your setting and how lockdowns and changes during the pandemic may have impacted on them. Suggestions are explored for recovery and moving forwards.

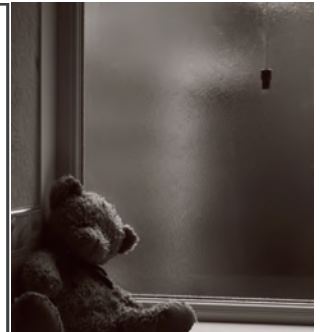


Wellbeing and
mental health**LOSS, SEPARATION AND BEREAVEMENT**

Bereavement can be challenging for many professionals. How schools acknowledge and allow space for the changing emotions of bereaved children and young people is crucial; getting it right can have a lasting impact on wellbeing. This training has been developed to help professionals feel more competent and confident when supporting these children and young people at a time of great need.

Wellbeing and
mental health**UNDERSTANDING AND RESPONDING TO SELF-HARM**

Schools are often on the front line, supporting children who self-harm. This workshop upskills staff in understanding what self-harm is, why children and young people might self-harm and how best to support children who have difficulties with self-harm, including risk management.

Communication
and interaction**UNDERSTANDING BEHAVIOUR: WHAT HAS LANGUAGE GOT TO DO WITH IT***

Many children who display "challenging" behaviour have underlying language difficulties. This training explores the research focusing on social, emotional mental health, behaviour and language and communication needs, alongside offering practical approaches to support children's communication and behaviour.



**Also available
in centralised
training offer*

02 STAFF WORKSHOPS

Communication and interaction

MEETING THE NEEDS OF CHILDREN WHO ARE RELUCTANT TALKERS

Children who struggle to speak in certain situations or to certain people require appropriate support and understanding from adults working with them. This workshop helps staff to develop an understanding of the needs of children who are reluctant talkers in the classroom including the relationship between anxiety and speaking.



Communication and interaction

INTENSIVE INTERACTION FOR AUTISTIC CHILDREN

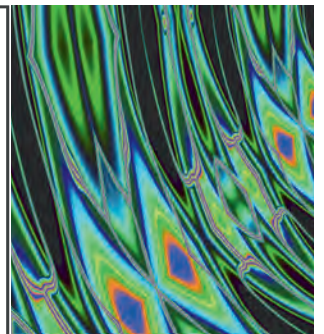
This training explores how interaction and play skills develop and the differences in how they develop for autistic children. A practical approach is taken to learning and intensive interaction and specific play approaches which can support interaction and development.



Communication and interaction

UNDERSTANDING SENSORY NEEDS

Neurodivergent children often have very different and intense sensory experiences which impact their regulation, wellbeing and ability to engage in learning. This training offers a deep dive into this complex area and asks *what do we mean by sensory needs? How do we evaluate key sensory needs? And how can we support children with significant sensory needs in school?*



Communication and interaction

COMIC STRIP CONVERSATIONS

Comic strip conversations are a useful tool to help children reflect on difficulties and conflict and develop their social understanding. This training explores how comic strip conversations can be used to support children with communication and interaction needs to understand concepts they find difficult.



Psychology of learning

PRECISION TEACHING*

Precision teaching is a highly effective and evidence-based intervention for literacy and numeracy. This workshop will support staff to understand how to plan, deliver and monitor precision teaching programmes for literacy (reading or spelling) or numeracy, beginning with the example of reading high frequency words or another area as negotiated.

Two follow up sessions are included to help embed practice.



**Also available in centralised training offer*

Whole School approaches

WHOLE SCHOOL MENTAL HEALTH APPROACHES

Just like physical health, we all have mental health. We all have positive and negative emotions and life experiences can impact us. The workshop will cover theory, discuss the research evidence base and use practical approaches using case scenarios. Participating in discussion groups, all staff will be supported to consider the needs present in our schools today and work together to support action planning.



Whole School approaches

AN INTRODUCTION TO SPECIAL EDUCATIONAL NEEDS (SEND)

This training will introduce the idea of Special Educational Needs and Disability (SEND) and how they are approached in schools, including the graduated response to SEN and the statutory assessment process. Attendees will learn the definition of SEN taken from the SEN Code of Practice (2015), the different categories of SEN, and the obligations of a school to assess and address these. The principle of inclusion and supporting SEN in mainstream schools will be discussed.



02

STAFF WORKSHOPS

Whole School approaches

SUPPORTING SCHOOL LEADERS

Emotional agility is a skill that helps us cope with life's challenges through awareness and acceptance of emotions, flexibility, open-mindedness and being able to step back and see the bigger picture. The course will cover the theory, research evidence base and practical approaches which support the development of positive leadership approaches during crisis and increasing risks of emotional fragility.

SLT



Whole School approaches

STAFF MENTAL HEALTH AND WELLBEING

The 2023 national Teacher Wellbeing survey found that working in schools is 'unsustainably demanding' with teacher wellbeing hitting a 5-year low. This session includes a mix of psychological theory and practical activities that gives time for staff to consider their own wellbeing, understand the key factors in school that may impact wellbeing and reflect on possible next steps for themselves.

Everyone



Working with small inclusion groups

USING SOLUTION CIRCLES TO SUPPORT STAFF WORKING WITH COMPLEX NEEDS

Using Solution Circles, this bespoke workshop aims to enhance staff emotional reserve, knowledge base and understanding when working within small inclusion groups to support complex needs. Solution Circles focuses on the use of a problem-solving model within staff meetings or local network meetings to support understanding and inclusion.

Everyone



Working with small inclusion groups

PREVENTING STAFF BURNOUT WHEN WORKING WITH COMPLEX NEEDS

This bespoke workshop focuses on managing emotions and reactions using psychological theories to enhance staff understanding and prevent burnout when working within small inclusion groups to support complex needs. It draws attention to ways of enhancing resilience so staff can create individualised support plans.

Everyone



03 PARENT WORKSHOPS OVERVIEW

Courses Available

Wellbeing and mental health

1. Understanding EBSA
2. Impact of the pandemic
3. Understanding and managing anxiety
4. Emotion coaching
5. Wellbeing and the teenage brain

Psychology of learning

1. Helping children with reading

Communication and interaction

1. Communicating with autistic children
2. Understanding sensory needs
3. Managing meltdowns
4. Supporting neurodivergent children during their transition into adulthood

03

PARENT WORKSHOPS

Wellbeing and
mental health

UNDERSTANDING EBSA

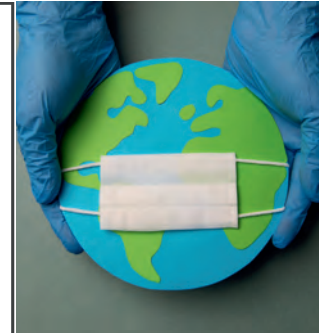
Emotionally Based School Avoidance (EBSA) is a term used to describe a group of children and young people who experience severe difficulties attending school due to emotional factors, some of which have been exacerbated by covid. This parent workshop will support parents in approaches to support their child in attending school.



Wellbeing and
mental health

IMPACT OF THE PANDEMIC

The pandemic has had an ongoing impact on many children's wellbeing and development. This workshop gives parents a space to reflect on their experiences and consider how they can continue to support their children.



Wellbeing and
mental health

UNDERSTANDING AND MANAGING ANXIETY

This 1 – 1½ hour workshop will introduce parents to what anxiety is and how it can affect us. It will cover signs to look out for and introduce some ways to help manage anxious thoughts, feelings and behaviours.

The session can be adapted for different age groups or cohorts.



Wellbeing and
mental health

EMOTION COACHING

Emotion Coaching is a parenting style, which helps children and young people to understand the emotions they experience, why they occur and how to handle them. This workshop introduces Emotion Coaching and the practical applications. Parents will learn the four-step approach and how this can be used to communicate with children and young people and help to soothe their emotional stress.

Wellbeing and
mental health

The teenage brain is a work in progress. Young people are dealing with many changes to their brains and bodies that are not yet fully developed. These changes can impact what they do (behaviours) and how they feel (emotions). These changes can also impact how we, as adults, interact with teenagers, read their behaviours, and understand their emotions. This workshop looks to develop parents' understanding of adolescence as a transitional stage and the changes that may occur. It also aims to explore how staff can support teenager's wellbeing as they navigate through school.

Psychology of
learning

HELPING CHILDREN WITH READING

This parent workshop offers practical approaches to supporting your child with reading at home in order to develop reading ability and encourage motivation.



03

PARENT WORKSHOPS

Communication
and interaction

COMMUNICATING WITH NEURODIVERGENT CHILDREN

Neurodivergent children often have different communication styles and needs. This workshop helps parents to understand what neurodivergence means, how their child's communication may differ and to learn strategies for effective communication.



Communication
and interaction

UNDERSTANDING SENSORY NEEDS

Autistic children, and those with other forms of neurodivergence, often have significant sensory differences. This workshop helps parents to understand what sensory needs are and how to understand, accommodate and support their child.



Communication
and interaction

MANAGING MELTDOWNS

Neurodivergent children often experience meltdowns when overwhelmed. This workshop helps parents to understand why children may have meltdowns, how to avoid them and how to respond in the moment.



Communication
and interaction

SUPPORTING NEURODIVERGENT CHILDREN DURING THEIR TRANSITION TO ADULTHOOD

Many parents worry about how their child will cope as they become an adult, these worries can be exacerbated for neurodivergent children. This workshop looks at what teens want from their parents during this time and how best to support young people towards a thriving adulthood.



Other providers

CAMHS (Child and Adolescent Mental Health Service)

CAMHS provide generic (multi-agency training) on mental health in children. There is a two-day introductory course and further specialist course which looks at specific impairments and syndromes.

The training is provided by Specialist CAMHS staff, Educational Psychologists and others.

Contact details:

Mohammed Bham
New Parks House,
Pindar Rd,
Leicester,
LE3 9RN

T: 0116 454 4650

E: Mo.Bham@leicester.gov.uk

Disabled Children's Service

Disabled Children Service offer tailored training opportunities facilitated by professionals from the Behavioural Inclusion Service at CAMHS (Child and Adolescent Mental Health Services).

Our training courses are for short break providers offering an inclusive environment within which a child or young person with SEND can enjoy a short break activity.

We offer free introductory set courses, and tailored training, which means that if you attend an introductory course and require additional support you will receive tailored training and support from a qualified CAMHS professional. Please see further information below of the introductory courses available.

Introductory Courses

Supporting children & young people with a learning disability
Introduction to mental health and supporting young people with common mental health problems
Introduction to attachment disorder
Supporting young people with an autistic spectrum diagnosis (ASD)
Supporting young people with ADHD
Understanding Behaviours via positive behaviour support

Showing your Interest

If you are interested in one of the courses listed, please email the Training Lead at dcs@leicester.gov.uk

Courses for Teaching Assistants

- ❑ Information and advice events for teaching assistants and other support staff in school.
- ❑ Intermediate and advanced apprenticeship in supporting teaching and learning -formerly NVO level 2 and 3.

Contact Ash Field Academy for further information.

T:0116 2737151

E: office@ashfield.leicester.sch.uk or

Leicester College, Michelle Ensor:- T: 07919 290491

E: mensor@lec.ac.uk

- ❑ HLTA

University of Northampton, Emma Stephenson

T:01604 893 527 E: hlta@northampton.ac.uk

- ❑ Distance learning courses including Mental Health Awareness, Safe Handling of Medicines, Team Leading.

Leicester College, Michelle Ensor T:07919 290491, E: mensor@lec.ac.uk

- ❑ Foundation degrees for teaching assistants and other support staff.

Nottingham Trent University, Kate Harris T: 0115 8486682,

E: kate.harris@ntu.ac.uk or

University of Northampton, Julie Jones T:01604 893527,

E: julie.jones@northampton.ac.uk

- ❑ CESL -modular programme at level 4.

University of Northampton, Julie Jones T: 01604 893527,

E: julie.jones@northampton.ac.uk

- ❑ English, maths, science GCSE.

Ash Field Academy, T: 0116 2737151

E: office@ashfield.leicester.sch.uk

- ❑ English, maths and ICT functional skills.

Leicester College, Sheena Ramsey T: 0116 2515138,

E: sramsay@lec.ac.uk

- ❑ Short courses including moving and handling, SEN and disability, HLTA and lead teaching assistants support network, teaching assistant induction training for newly and recently appointed teaching assistants & access to working in schools.

Ash Field Academy, T: 0116 2737151

E: office@ashfield.leicester.sch.uk

- ❑ Short courses including ASD & ELKLAN (Speech and Language).

Special Educational Needs and Disability Service,

T: 0116 4544650, E: sends-service@leicester.gov.uk