

Safeguarding

Early Help



Children and young people can experience a range of difficulties at any time in their life.

Leicester City Councils Early Help services are for children and young people of any age and can be supported from all kinds of services and organisations who work together to support the family.

Task 1

Challenge a practitioner or the team to reflect on their knowledge of the Early Help service.

Do they know what it is?

Do they know what it sets out to achieve?

Do they know who can access it?

Do they know how to access it?

Do they know how to refer?

Do they know how to complete an Early Help assessment? (EHA)

Task 2

Use the [What is Early Help? By Lily, Year 10, Acland Burghley School - YouTube](#) to introduce the topic and then explore the website and resources available. Revisit the questions above to consolidate learning. Are there any resources that you can find that you could display in the setting for families?

<https://www.youtube.com/watch?v=w8zcLkK-5Ks>

Early Help website links

- Early help offer:

<https://www.leicester.gov.uk/health-and-social-care/support-for-children-and-young-people/early-help/early-help-offer/>

- One number leaflet

<https://www.leicester.gov.uk/media/182445/one-number-leaflet.pdf>

- The early help and prevention offer: Support for you in understanding what Leicester City Council services offers to families that need additional support within the city.

<https://www.leicester.gov.uk/media/186710/early-help-and-prevention-offer.pdf>

- [Leicester's Early Help Assessment Model for Professionals](#) guides the practitioner in the journey of seeking additional support from the services. It takes a 9-step approach to target resources effectively to support families at the earliest opportunity.

<https://www.leicester.gov.uk/media/186712/early-help-assessment-model-for-professionals.pdf>