

# Safeguarding

## Crying babies - In your setting



Hearing the ongoing cry of a baby can be both stressful and upsetting – for a reason.

It is the baby's survival mechanism, designed to alert us as adults that they need our aid and is not to be ignored.

### **Task**

Think about the current practice in your setting with regard to comforting crying babies.

- Is it normal practice to cuddle crying babies?
- Are babies allowed to bring a comforter from home to soothe them if they are upset? If so, are there restrictions?
- What communication is there with parents to enable you to best comfort babies that become distressed?

When one or more babies are crying, it can be very difficult to maintain a positive and calm attitude. Identify ways in which you could support one another in coping with distressed children. What more could you do?

See also: Crying babies – At home.