

Safeguarding

ICON- Babies cry, you can cope



Professionals promoting ICON

Infant crying is normal

Comfort methods can sometimes soothe

It's Ok to walk away

Never, ever shake or hurt a baby

Research suggests that some lose control when a baby's crying becomes too much. Some go in to shake a baby with devastating consequences. With this in mind the website ICON <https://youtu.be/Q3mc0FhrNF8> is a prevention programme that can support parents and give them coping strategies.

We can help as practitioners to –

- Help parents understand that crying is normal, all parents can feel like this.
- Make a positive effort to engage with male carer/dad
- Explain that crying is a normal part of development
- Reassure parents that babies are not doing this on purpose
- Support parents in coping with their own emotions and stress
- Teach parents soothing and safe sleep techniques
- Inform parents/ carer about sharing the ICON leaflet with anyone who cares for your baby.

TASK

Use the statements above to reflect on your practice. How do you support parents in your settings currently under these heading? What could you do more effectively?

TASK

Watch video link [Preventing traumatic head injuries in babies](https://youtu.be/Q3mc0FhrNF8) - <https://youtu.be/Q3mc0FhrNF8> in your team setting and explore the leaflets/resources available [Resources | ICON \(iconcope.org\)](https://iconcope.org/resources/) - <https://iconcope.org/resources/> to share with parents. Discuss with your team, your thoughts around the resources and how you may disseminate the information to parents and carers appropriately.

Leicester Safeguarding Children's Partnership Board Training Priority -
Safeguarding babies