Dear Parent, Carer or Guardian

**There has been a positive case of coronavirus in your child’s childcare group.**

Children and staff within the group have been sent home to isolate while we identify who was, and who wasn’t a close contact.

Current guidance encourages settings who experience a positive coronavirus test result amongst staff or children to focus on identifying which children and staff have had **close contact** with the confirmed case and asking them to self-isolate for 10 days while allowing other children/staff from the group to return to the setting.

**If we identify your child as a close contact, they will be required to self-isolate for a full 10 days. The rest of the household does not need to self-isolate unless any member of your household develops symptoms of coronavirus.**

Close contact means:

* Face to face contact with an infected individual for any length of time, within 1 metre, including being coughed on, a face to face conversation, or unprotected physical contact (skin-to-skin)
* Extended close contact (within 1 to 2 metres for more than 15 minutes) with an infected individual

If we identify your child as **not being a close contact,** they will be allowed to return to the setting immediately.

**Your child must now stay at home and should not meet up with anyone they don’t live with.**

We will be in touch as soon as possible to confirm what action you need to take

Kind regards

**Symptoms of coronavirus**

The main symptoms of coronavirus are:

* **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
* **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
* **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

**Most people with coronavirus have at least 1 of these symptoms.**

If anyone has any of the main symptoms of coronavirus they should:

1. Get a test to check if they have coronavirus as soon as possible. Visit <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/> or call 111 / 119.
2. Stay at home and do not have visitors until they get the test result – they should only leave home to have a test. Anyone they live with and anyone in their support bubble, must also stay at home until they get the test result.   
   Do not attend your GP, pharmacy or local hospital unless advised.

**Protect yourself and others from coronavirus;**

1. Wash your hands more often than usual, for 20 seconds using soap and water or hand sanitiser
2. Cover your mouth and nose with disposable tissues when you cough or sneeze. If you do not have a tissue, sneeze into the crook of your elbow, not into your hand. Dispose of tissues into a disposable rubbish bag and immediately wash your hands with soap and water for 20 seconds or use hand sanitiser.
3. You must wear a face covering by law in some public places unless you have a face covering exemption. You are also strongly encouraged to wear a face covering in other enclosed public spaces where social distancing may be difficult and where you come into contact with people you do not normally meet.
4. Clean and disinfect regularly touched objects and surfaces using your regular cleaning products to reduce the risk of passing the infection on to other people