

Can my child go to childcare today?

Do they have any **COVID symptoms**?

- **A high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **A new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **A loss or change to your sense of smell or taste** – this means you have noticed you cannot smell or taste anything, or things smell or taste different to normal

Yes
They have a COVID symptom

No
They do not have a COVID symptom

Self-isolate and Book a COVID Test

Book the test online or call 119 (Do not go to a GP, hospital or pharmacy for a test)

All members of the household should stay at home until the test result is known. *

* Visit [nhs.uk](https://www.nhs.uk) for advice on when to stop isolating and return to childcare after a positive or negative test.

Do they have **diarrhoea or vomiting**?

No
They do not have diarrhoea or vomiting

Yes
They have diarrhoea or vomiting

Do they feel unwell?

It is important that parents keep children at home when they are unwell.

No
They do not feel unwell

Yes
They feel unwell

Send to School

So long as your child feels well, has not been told to self-isolate and there are no other household members with COVID symptoms, it is OK for them to attend childcare.

Keep at home

- Remain at home until they feel well enough to return to childcare. Seek medical help from a GP if needed (if your surgery is closed, use NHS 111 online and only call 111 if you cannot get help online).
- Remain at home until at least 48 hours after the last episode of diarrhoea or vomiting. A COVID test is not required for diarrhoea and vomiting without the other symptoms above.