ACTIVE LEICESTER

Get up & go!

# How to play

This game can be played indoors or outdoors and with a group.

One player is the 'seeker' and closes their eyes and counts while all the other players hide. Can you count to five or 10 or 20?

When the counting is finished, the seeker tries to find everyone hiding.

Take it in turns to be the 'seeker'.

The player with the best hiding place, who is not found, is the winner.

Move more, sit less and play together!

1000 TWEAKS TO FEELING GREAT

No equipment required

Group games and activities can only be played with people you live with. Follow current Coronavirus guidelines at all times.

# Hide and seek

## Retro games week – Tuesday 4 August

Leicester City Council