

Get up &  
**go!**

## How to play

This game can be played indoors or outdoors.

You can play by yourself or with a group.

Put a bucket in the middle of the playing area.

Choose a starting point and throw a missile into the bucket.

Count how many throws it takes to get the missile into the bucket and write it on the piece of paper, which is now a scorecard.

The winner is the player who has thrown the most missiles into the bucket. If you're playing on your own, try to beat your best score.

Swap screen time for a game of target throw.

1000  
TWEAKS  
TO BEING GREAT

### Equipment

A bean bag to use as a missile.  
You can make more missiles  
using rolled up socks.

# Target throw