

mosaic news - Autumn 2018

Volunteers Needed



Volunteers

Following on from the last newsletter we are proud to announce that our volunteers have continued to strive towards excellence, engaging in regular training programmes all of which are designed to help build an individual's skill set, confidence and knowledge.



Here is an example of some of the **FREE** training that is on offer:

- First Aid
- Moving & Handling
- RYA level 2
- Powerboat training
- Safeguarding

All of which can be used in other roles and will look great on your CV.

As ever we are on the look out for new volunteers from all walks of life, with or without formal qualifications, who have a couple of spare hours each week and are willing to help support our service working for individuals with disabilities.

Please see below for a list of our current vacancies:

Role: Volunteer Helper- Direct Payments

To help the Duty Worker in Direct

Payments at the Peer Support Group Meeting, which takes place bi-monthly at **mosaic** offices.

This includes helping with distribution of papers, preparing and serving refreshments and taking instructions from the Duty Worker in reference to achieving the aims of the peer support service. Help the meeting run smoothly. Time required: 3 hours bi monthly, meeting dates arranged in advance.

Skills required:

Hands on practical person, prepared to listen and be sympathetic to the needs of disabled people. Good organisational skills.

Ability to speak an Asian language is desirable but not essential.

Role: Counselling

Monday pm once a month, plus at least one hour a week.

Skills required:

MUST be fully qualified counsellor having achieved a diploma.

Can be used to gain the 400 hours needed for BACP accreditation or can be done as a student placement for a counsellor in training.

To apply for one of the above roles/other volunteering roles please call **Natalie Lambert**, Volunteer Outreach Worker on 0116 231 8720.

Thank You!

I would like to take this opportunity to thank every single one of our volunteers who offer their time freely to support our services as without such dedication many of our customers would not be able to enjoy the freedom of the water at Sailability or a leisurely cruise on Sunbeam II.

As a way to say thank you we would like to invite all of our volunteers and Trustees to afternoon tea on November 27th. Please see below for details.

Please join us on Tuesday 27th November at mosaic from 1pm – 4pm for afternoon tea, games and fun!



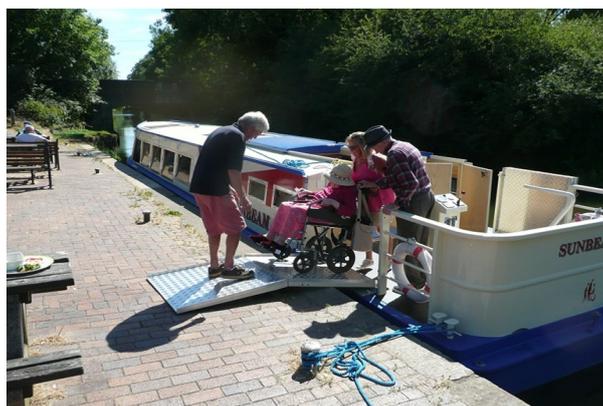
Sunbeam II

Sunbeam II continues to go from strength to strength and has had plenty of use since the launch back in June, **mosaic** continues to make necessary adjustments to the boat making sure that it is extra safe and extra comfortable for all who use it

Book now!

Although the season is drawing to a close there are still a few weeks left to book your place on Sunbeam II to enjoy a leisurely cruise.

To book a place please contact **Skye** on **0116 231 8720**



Overstrand Bungalows

We still have availability in our Bungalows. The cost for the week, is **£355** during the high season, and **£255** for the low season — the shaded area is the low season.

Below are the dates that are available for this season.

2018/19	The Fairway - Bungalow 1					The Links - Bungalow 2				
Oct	-	-	-	-		6	13	-	27	
Nov	-	-	-	24		3	10	17	24	
Dec	-	8	15	-	-	1	8	-	-	-
Jan 19	5	12	19	26		5	12	19	26	
Feb	2	9	16	23		2	9	16	23	
Mar	2	9	16	-		2	9	16	23	



Please note:

- All dates are a Saturday
- Available dates were correct at time of going to print
- The Links—bungalow 2, is the bungalow with the ceiling track hoist
- Both bungalows have a mobile hoist, an electric profiling bed, a rotunda and a riser/recliner chair amongst other equipment.

Self Advocacy Groups

We Think and Bright Lights



If you are over the age of 18 and a learning disability and live in the **city** of Leicester, you could come and join our advocacy groups, We Think and Bright Lights.

If you are interested or want more information, please contact **Helen Perry** on **0116 2318720** or email **advocacy@mosaic1898.co.uk**

It's that time of year again ...
Bungalow Booking Day



Thursday 8th November 2018

- ◆ This is the opening day for bookings for the 2019/20 season.
- ◆ On this day you will need to call the mobile **ONLY — 07912 480 957** (you can book on the usual office number after this date)
- ◆ You can only book 1 week on this date—this is to give everybody an equal opportunity for a holiday
- ◆ The line is extremely busy in the morning and less so in the afternoon, so unless you have a week in mind that you really must have, you can leave calling until a little later.

The price for the 2019/20 season has increased by £5.

High season — £360 April to October 2019

Low season — £260 November 2019 to March 2020

Sailability

It has been a busy season at Sailability, although the past three weeks have seen sessions grind to a halt due to an Algae infestation that is making the water unsafe to sail on. Although here at mosaic we have our fingers crossed and hope that the Algae can be treated successfully in time for the end of season Regatta which is planned for the beginning of October



As Pictured by Sallie Baker

DISABILITY IN THE MAINSTREAM

by Chrissie Henson

The inspiration for this blog came from a conversation I had with a friend/fellow colleague regarding how to connect with people with disabilities in the mainstream. She was both shocked and surprised when I explained to her that there are no “groups” or services for someone with a disability that lives independently and/or works. This left us questioning why..... Has disability been “normalised” so far that it is deemed not necessary to provide support for the 13.9 million people with disabilities in the UK. (source Scope UK)

Recently I tried to re connect with EADS (employment and disability services), who help disabled people back into work; only to be informed they had closed. There seems to be a lot more services for people that are more severely disabled but these again are becoming limited and are heavily reliant on volunteers. I think volunteering is valuable. Before I started my own counselling business “Counselling with Chrissie”, offering counselling to people with a variety of disabilities, I have volunteered for both Cruse bereavement care and mosaic: shaping disability services personally for over three years, but it does concern me how dependant we as a nation are on volunteers caring for our people who are disabled or have mental health issues.

How do you/I then connect or network with people with disabilities in the mainstream? A lot of existing help seems to be managed by the government and the hoops and red tape you have to go through with them leaves

me asking if it is worth the effort/what could be achieved.

A big disability organisation/charity announced they had linked up with a leading media company to start a “work with me” scheme in 2015, in which they hoped to get 3 million disabled people back into work by 2020. Great, I thought – I’d love to be part of that as I believe that people's mental barriers, such as previous experiences of discrimination at work due to their disabilities, is what is truly keeping some people from re-entering the workplace; work with my past clients has confirmed this to be true. My ideal would be to work alongside other agencies such as Department of Work and Pensions (DWP) to enable these people to get back into work and maintain “happy” employment.

I also contacted a nation-wide scheme which helps people with disabilities that have been unemployed for two years or more to find work; concentrating on their wellbeing as well as finding them work. Once again my previous experiences would be of great value here. On both occasions I was informed I was more than welcome to help on a voluntary basis but that there were no paid roles. What does this say about the way we view those with disabilities and mental health difficulties?

If you would like to discuss any of the points raised here further, please do get in contact at chrissiehenson@hotmail.com or call 07788698122.

Morrisons Quieter Hour

Morrisons have introduced a 'Quieter Hour' in all their stores, which are designed to help customers who currently struggle with music and the other noise associated with supermarket shopping.



Their 'Quieter Hour' takes place every Saturday in all stores from 9-10am

This new initiative has been created with the support of the National Autistic Society. Many people who are autistic or those with autistic children can find shopping in a supermarket an anxious experience. Having carried out a trial earlier in the year in their Lincoln, Woking and Gainsborough stores, they identified improvements that could be made as well as the best time for the Quieter Hour to take place.

“Around 700,000 people are on the autism spectrum in the UK. This means they see, hear and feel the world differently to other people, often in a more intense way. Morrisons 'Quieter Hour' is a step in the right direction for autistic people who find supermarket shopping a real struggle.”

Daniel Cadey, from the National Autistic Society

After surveying customers, they found that one in five had a friend or family member with autism* and many liked the idea of being able to shop in more comfort at 9-10am on a Saturday.



During Quieter Hours, Morrisons stores will:

- Dim the lights
- Turn music and radio off
- Avoid making tannoy announcements
- Reduce movement of trolleys and baskets
- Turn checkout beeps and other electrical noises down
- Place a poster outside to tell customers it's Quieter Hour

mosaic: shaping disability services currently provides the following services:

Information, Advice, Advocacy and Support Services (IAASS):

- **Information, Advice and Guidance (IAG) Service** for people living in the **City** of Leicester, providing IAG on a variety of disability related issues, such as Welfare benefits, community care and independent living through our telephone Helpline and benefits form filling service.
- **Advocacy Service** for people in the **City** with a Learning Disability, providing Care Act and Generic Advocacy.
- **ability@work** is mosaic's employment service, which includes a Job seekers service for disabled people seeking work, In-work support for disabled people and Employer services.
- **Self-Directed Support Service (SDSS)** provides support to people who receive Direct Payments to help them manage paying for their care/support, either through paying a care agency or with employer support,
- **Deprivation of Liberty Safeguards (DoLS) Service.** We have a framework agreement with Leicester City and Leicestershire County Councils to provide a Paid Persons Representative (PPR) service.

Cre8ing Opportunities Service provides group activities for adults with a disability across the City and County. They also provide the following services:

- **Socialize** - Ad hoc social activities for disabled people on evenings/weekends,
- **Children's Short Breaks** - A respite service supporting children from age 5 and upwards with disabilities, providing them with a range of activities on Saturdays at **mosaic**.
- **Sailability** – Accessible sailing for disabled people on John Merricks Lake at Watermead Park, usually from April to October.
- **Sunbeam II** – Our accessible narrowboat for day trips, we take group bookings or you can join one of our Individuals trips.
- **Bungalows** in Overstrand (Cromer) – 2 fully accessible bungalows where people can go with their own support if needed for a week's self-catering holiday.

ColtonCare Support Services offer Supported Living at three sites in Leicester, a carer's Respite Service in the County and a domiciliary care service.

Administration/Finance Hub provides the following services:

- **Managed Accounts Service** to customers in receipt of a Personal Budget or Direct Payment
- **Payroll Service** – We act as a third part payroll agent for disabled people who employ their own Personal Assistant/s
- **DBS Checks**
- **Room Hire** - A number of rooms are available for hire at mosaic
- **Radar Keys** - Keys to access accessible toilets can be purchased from mosaic
- **mosaic news** - our quarterly newsletter, available to anyone who wishes to receive it

For more information about any of these services, please contact **mosaic** Reception on **0116 231 8720** or email enquiries@mosaic1898.co.uk

LEARNING SEMINARS	DATES
Understanding Autism What is Autism and how does it affect people?	2nd October 2018 (3.30pm-5.30pm)
Adult Safeguarding Protecting and supporting vulnerable adults	20th November 2018 (9.00am-1.00pm)
Introduction to MCA and DoLS Including PPR roles and responsibilities.	18th December 2018 (10.00am-12.00pm)
Equality & Diversity What do these terms actually mean	9th October 2018 (10.00am-12.00pm)
Disability Awareness and Legislation Exploring current legislation and language	17th November 2018 (10.00am-12.00pm)
Understanding Diabetes Types of Diabetes and how to manage Diabetes	23rd October 2018 (10.00am-12.00pm)
Understanding Challenging Behaviour What does 'Challenging Behaviour' mean?	6th November 2018 (10.00am-12.00pm)

Cost: £25 per person per seminar

All seminars will be held at **mosaic: shaping disability services**, 2 Oak Spinney Park, Ratby Lane, Leicester Forest East, LE3 3AW.

For more information or to book contact Just Services at:

Just Services Limited, Beaumont Enterprise Centre, 72 Boston Rd LE4 1HB. Tel : 0116 2293102

Email: learn4change@yahoo.co.uk OR  [learn4change10](https://twitter.com/learn4change10)

L4C is a partnership between **Just Services** and **mosaic: shaping disability services**

International Day of Persons with Disabilities

3rd December 2018 is International Day of Persons with Disabilities.



This annual event was first proclaimed in 1992 by the United Nations General Assembly resolution 47/3. It aims to promote the rights and well-being of persons with disabilities in all spheres of society and development, and to

increase awareness of the situation of persons with disabilities in every aspect of political, social, economic and cultural life.

The estimated one billion people living with disabilities worldwide face many barriers to inclusion in many key aspects of society. As a result, people with disabilities do not enjoy access to society on an equal basis with others, which includes areas of transportation, employment, and education as well as social and political participation.

Are you planning to celebrate this occasion? Do you have an event planned? If so, we would love to hear about it.

Information taken from <https://www.un.org/development/desa/disabilities/international-day-of-persons-with-disabilities-3-december.html>

Raffle Prizes needed



Do you have any unwanted gifts, presents or just something that you would like to donate?

Examples can include Vouchers, Toiletries, Books, Mugs, Candles, Chocolates/Biscuits and Alcoholic drinks.

We're happy to accept anything as long as it's unused.

The prizes will be given away in the raffles that we hold at mosaic during special events.



All proceeds will go to **mosaic: shaping disability services**, which will be used to help fund the services that mosaic offers to disabled people.

Bus Transport Inquiry

You're invited: Bus services in Leicester

How reliable is the bus service in Leicester? What do you think would encourage more people to use buses in Leicester?

The UK Parliament Education and Engagement Service are holding an event, to which the public are invited to give their views to help inform the inquiry into bus services.



The big issue

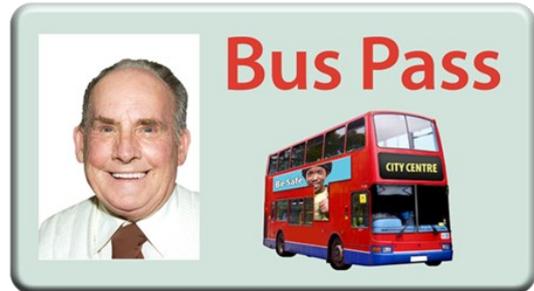
According to the annual statistics from the Department for Transport (DfT), the use of bus services in England is declining. Although bus use per person has increased in London by 52% over the last 25 years, it has fallen by 40% in other metropolitan areas.

The House of Commons Transport Committee want to find out how bus services are run in different areas across England, outside London, and what factors are affecting bus use.

At the event, you will be asked about:

- Your experience of using buses in Leicester
- How the bus service is run
- Bus fares

- The reliability of the bus service
- Factors that affect bus use



How can you help?

- Do you have experience (good or bad) with the bus service in Leicester?
- Are you somebody who relies on buses to get to work, health appointments or your place of study?
- Are you part of an organisation that campaigns about transport in or around Leicester?

If so, come to the event and help shape the inquiry.

When and where?

Date: Thursday 18 October

Time: 2:00pm - 3:30pm

Venue: Highfields Centre, 96 Melbourne Road, Leicester, LE2 0ES

Refreshments will be provided.

The event is free to attend, but please book using the Eventbrite page at <https://www.eventbrite.co.uk/e/bus-services-leicester-tickets-50636743864> as places are limited.

The organisers of this event want to make it as accessible as possible, so if you need any support with attending this event please let them know on their Eventbrite page.

Treat Me Well Update

We would like to thank each of you who played a brilliant role either hosting or helping to organise a #TreatMeWell themed event for Learning Disability Week, back in June this year.



This month has shown us that campaigning really works. How do we know?

The Government announced that all NHS staff **must** be trained about learning disability. Mencap have been calling for this through the #TreatMeWell campaign!

Also, in August we heard that learning disability and autism will be in the top four clinical priorities for the NHS for the next 10 years - the first time learning disability has been given this priority in the history of the NHS. This proves that campaigning can make a massive impact, and we must keep up the pressure together

Activism Week 15th - 21st Oct 2018

We Think, **mosaic's** self advocacy group got involved to support Activism week on Monday 15th October 2018.

They wrote letters to the secretary of state for Social Care and Health, Matt Hancock and the Chief Executive Officer for the NHS Leicester John Adler, to make them aware of the Treat Me Well Campaign and all the group members signed the letters, they tweeted pictures of them signing and posting the letters.

If you would like to support the Treat Me well Campaign, you could also write a letter

They also re-made the we're in video to include the word Leicester, so that the new video will show the area's of where

there are Treat Me Well Groups across the country.



We Think made Thank You cards for those people who have supported them with this campaign locally.

Future of Advocacy Services

Leicester City Council conducted a review of all none statutory services funded by Adult Social Care and delivered by the Voluntary and Community Sector, which included Advocacy Services

Existing Advocacy contracts are due to expire on 31 March 2019. Following a consultation regarding the future of Advocacy Services, Leicester City Council have now made a decision.

They have decided to jointly commission a range of advocacy services with Leicestershire County Council and Rutland County Council, based on remodelled services with a focus on the provision of statutory support (including the requirements of the Care Act 2014) at an overall reduced contract value with effect from 1st April 2019.

The savings will contribute towards the Adult Social Care – Voluntary and Community Sector savings of £790,000 as previously agreed for 2018/19.

Alternative Options that were considered include re-procuring services at previous contract value or for the City Council to solely procure Advocacy Services at a reduced contract value. However, this was decided that it would not deliver the required savings and that a joint procurement with Leicestershire and Rutland Council's provides a more cost-effective option.

We will keep you updated about how the new Advocacy Service will work and how this will affect current and future users of the service when we have more information.

Thank you!



We've raised an incredible

£144.11

from supporters shopping online via [easyfundraising.org.uk](https://www.easyfundraising.org.uk) and raising donations for free!

Help us raise more! Register to support **mosaic: shaping disability services** at: [easyfundraising.org.uk/causes/mosaic](https://www.easyfundraising.org.uk/causes/mosaic), then simply follow the steps to shop and raise. If you want to find out more or advice on how to register, please contact Geoffrey at **mosaic** on 0116 2318720.

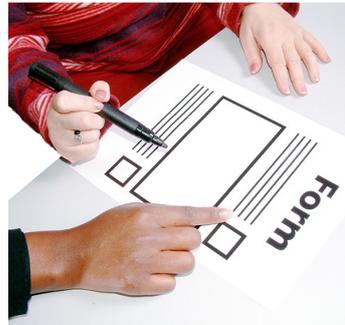
Happy Fundraising!

VOLUNTEERS NEEDED

If you have some spare time or would like to try something new, **mosaic: shaping disability services** are looking for volunteers for a number of their services.



Sailability - Assisting disabled people to sail using specially designed dinghies



Form-Filling - Helping disabled people to complete benefit forms



Cre8ing Opportunities - Assisting disabled customers in a day group setting



Outreach - Providing information/advice to disabled people at our outreach venues



Sunbeam II - Assisting customers who use our accessible narrowboat



Administration - General office/administration tasks, e.g. filing, answering telephone, etc.

You don't need to have experience as full training will be given. If you are interested in volunteering or would like more information, please contact our Volunteer Outreach Worker, Natalie Lambert on 0116 2318720 or email aspire@mosaic1898.co.uk

Quingo Night

We welcome you to our Quiz and Bingo Night being held on:

Saturday 24th November 2018
Starts 7.30pm

At

mosaic: shaping disability services, 2 Oak Spinney Park, Ratby Lane, Leicester Forest East, LE3 3AW

Price: **£3.00** for adults / **£1.50** for children



Refreshments will be available to purchase

There will be a white elephant stall and a raffle



Donations for raffle and white elephant stall are welcome



Volunteers taking part in Moving & Handling Training

This Newsletter is open to all. Opinions expressed by contributors in articles and editorials do not necessarily represent those of mosaic.

If you would like to place an advert in the next edition of mosaic news contact Karla Worrall at informationservice@mosaic1898.co.uk or speak to our receptionist on 0116 231 8720. The next edition is the Winter Edition: January 2019. Last copy date is 17th December.

Donating monies to mosaic

We used to put a slip in each newsletter asking for donations. In order to save money we are stopping this. However we still value your donations. Donations, whatever size, are needed and valued.

What do we do with donations?

A lot of the services we provide are unfunded. We need your help to keep them going e.g. **mosaic** news, the Counselling Service and many more. We are also wanting to develop some new services for those disabled people who are not entitled to receive services from the local authority. You can donate in the following ways:

- Set up a standing order to make a regular payment from your bank account
- Write a cheque
- Or collect your loose change to go into our Time4Change account

If you are a tax payer please **gift aid** your donation in order so we can claim tax back.



mosaic: shaping disability services ©
2 Oak Spinney Park, Ratby Lane, Leicester Forest East LE3 3AW

Tel: (0116) 2318720 · Fax: (0116) 2312037

Email: enquiries@mosaic1898.co.uk · Website: www.mosaic1898.co.uk

Registered Charity No. 214212 A company limited by guarantee Registered in England No. 533714



INVESTOR IN PEOPLE