



ATTENBOROUGH  
ARTS CENTRE

# Inclusive Youth Arts Programme

Funded by BBC Children in Need



Take part

Make friends

Get creative



## Who are we?

Attenborough Arts Centre has art galleries, creative studios, and a theatre.

Our building is designed to be welcoming and accessible to everyone. We have disabled parking bays, a changing places facility and understanding staff.

## What is the Inclusive Youth Arts Programme and is it for me?

Jam-packed with fun arts activities and performances for children and young people with disabilities and complex needs.

All our activities are FREE to those who are registered

To find out more contact Louise  
louise.kay@le.ac.uk  
0116 223 1425

## What is a relaxed performance?

- Friendly atmosphere
- House lights up
- Quieter sound
- Theatre doors open to come and go as you please
- All noises welcome!



## Relaxed Performances

### You've Got Dragons

Taking Flight Theatre Company  
Saturday 14 July, 3pm – 4pm  
Captioning, interwoven BSL and audio description for ages 3+

“Dragons come when you least expect it. You turn round...and they're there.”

Lots of people get them; bad dreams, swirly tummy, that prickly feeling. And sometimes they make you feel alone. So, what can a young child with a bad case of the dragons do? With original live music, this highly visual, sensitive production is a humorous and touching exploration of the dragons we all face. And remember... No dragon is more powerful than YOU!

## Workshops

All of our workshops are especially tailored by the artists to suit the needs of our children and young people, so come and try something new!

### Dragon Taming with Taking Flight Theatre Company

Saturday 14 July, 1.45pm – 2.45pm  
For all ages and abilities

A fun pre-show theatre workshop helping children to deal with their dragons (anxiety) and build emotional resilience.

### iPad Improvising and Composing with Jane Farrell

Friday 20 July, 10.30am – 12.30pm  
For ages 7+

Create exciting sounds and compose your own music in our interactive iPad music session. Using apps we'll choose your instruments, beats and sounds to release your inner musician.

## We love...



## Sensory Garden Party

Tuesday 24 July, 9.30am – 3pm  
University of Leicester's  
Botanic Gardens  
For the whole family

Join us for our annual multi-sensory day of exploring, tasting and touching at the wonderful Botanic Gardens. The day will include a Bear Hunt Trail, leaf rubbings, herb and fruit tasting and party games!

### In My Shoes Family Extravaganza

Saturday 21 July, 11am – 2pm  
For the whole family

Come along for a day of creative activities in response to our current exhibition In My Shoes. Go on a tactile tour of our galleries with a Sensory Suitcase and take part in activities as a family in a friendly, supportive space.

### On The Move with SideKick Dance artist Kirsty Clarke

Thursday 2nd August, 2-4pm  
For those who use a wheelchair

Come and have a spin this summer in a high-quality wheelchair dance class, led by an experienced dance artist.

# New children and young people welcome!

Sign up now for FREE creative adventures.

To register or find out more, contact Louise

[louise.kay@le.ac.uk](mailto:louise.kay@le.ac.uk)  
0116 223 1425

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[www.attenborougharts.com](http://www.attenborougharts.com)



IMAGE: Dani Bower



IMAGE: Dani Bower

Have a go at one of our creative learning courses for free!

As long as you have been registered to the IYAP for over a year. Contact Louise to try one of our main creative learning kids programme courses.

