Autistic Spectrum Disorder (ASD)



Children and young people with ASD may have difficulties:

	Understanding social situations
Mappy Sad Fear Anger Suprise Dispat	Understanding other people's actions and emotions
RULES	Keeping to their routines and rules
	Coping with their own emotions
	Dealing with lots of sensory information such as sight, sounds, smells, tastes and textures

How can schools and colleges help young people with ASD?

Teachers can:

Name	Use your name to get your attention
ATTENTION	Get your attention before giving you instructions

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Info	Use language that is easier to understand and pictures to help explain things
Words Person Ogy Open	Help you understand the key words you need
1 2 3	Give step by step instructions
	Use your interests and skills to plan activities
MC	Repeat instructions and information often
	Help you to explain your thoughts and answer questions
	Offer you different ways to do work such as using a computer or making a mind map
RULES	Set rules to be followed
	Create a quiet working area for you



Carefully plan any group work

More Help

You can get more information about Autistic Spectrum Disorder from:



The Autism Helpline

Telephone: 0808 800 4104 Website: www.autism.org.uk

Leicestershire Autistic Society

Telephone: 0116 291 6958

Website: www.leicestershireautisticsociety.org.uk