

# Contact Details

## Leicester City

### Central Area 1

(Highfields, St Matthews)

Sulinder Sandhu

Tel: 07717 548229

### South Area 2

(Saffron, Eyres Monsell)

Jane Campbell

Tel: 07884 458533

### West Area 3

(Braunstone, New Parks)

Jane Campbell

Tel: 07884 458533

### North West Area 4

(Beaumont Leys, Bewcastle)

Sejal Patel

Tel: 07909 401204

### North Area 5

(Belgrave, Woodbridge)

Sulinder Sandhu

Tel: 07717 548229

### East Area 6

(Thurnby Lodge, Netherhall)

Sejal Patel

Tel: 07909 401204

## Leicestershire County and Rutland

### Melton & Rutland

Jo Houlston

Tel: 07900 914728

### Harborough

Jo Houlston

Tel: 07900 914728

### Charnwood

Michelle Harris

Tel: 07917 550020

### North West Leicestershire

Beth Morris

Tel: 07827 879700

### Hinckley & Bosworth

Beth Morris

Tel: 07827 879700

### Blaby

Steph Burton

Tel: 07464 493836

### Oadby & Wigston

Steph Burton

Tel: 07464 493836

**Families, Young People and Children's Services Leicestershire  
Partnership NHS Trust**

**Bridge Park Plaza**

**Bridge Park Road**

**Thurmaston**

**Leicester LE4 8PQ**

**Monday - Thursday (9.00am - 5.00pm)**

**Friday (9.00am - 4.30pm) 0116 295 1350**

[www.leicspart.nhs.uk](http://www.leicspart.nhs.uk)

[Email: lptfeedback@nhs.net](mailto:lptfeedback@nhs.net)



**Leicestershire Partnership  
NHS Trust**



# Care Navigation

This leaflet gives you information about  
the role of the Care Navigator  
and how they can help co-ordinate  
services to support your child.

**please contact your area Care Navigator (details on  
the back of this leaflet) or if you do not know who  
your care navigator is call:**

**0116 215 3269**

**Leave a message and someone will get back to you  
or email us at [lpt.carenavigators@nhs.net](mailto:lpt.carenavigators@nhs.net)**

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## **What is a Care Navigator and how can they help me and my child?**

We are an administrative team working with 0-19 Practitioners, Therapy Services and external partner agencies to support Families, Young People and Children. We can support with:

- Helping you get the right services to support your child signposting you to local support networks
- Helping professionals share information more easily, to co-ordinate health appointments
- Gathering information from and sharing with Paediatrics, Speech and Language, CAMHS, Occupational Therapy etc., including checking on the progress of referrals
- Attend meetings set up by external agencies to share health information when required
- Providing information around your child's health appointments including who they will see, where and when.
- Attend Team Around the Family meetings with professionals that are involved with your child/ren, using a Whole Family Approach to support your needs.

## **Your information**

To help your child, consent will be gained to share information between professionals. We may request further information from and work with relevant agencies so that we can make sure your child has the help they need.

## **What sort of information is shared?**

We share information such as:

- Name, address and date of birth
- Which professionals are working with you and your family at the moment
- Other members of your family
- Relevant health information

## **Multi-agency professional meetings**

These meetings can be organised with the guidance of a health professional e.g. school nurse or health visitor, to support any decision making and enable your family to get the right support at the right time.